

**UBWC Board -2023-2024****Executive Board**

President-Beth Kaderabeck
 Vice-President-Eras Bechakas
 Treasurer-Eileen Kuczmarski
 Asst. Treas-Anne Bielinski
 Recording Secretary-Susan Busch
 Asst. Secretary-Linda Eaton
 Corres.Secretary-Sheila Marie Long
 Asst. Corres.Secretary-Debbie Wallace
 Members at Large
 Jean Jain
 Barbara Miner
 Ginger Mitchel
 Activities-Ann Rudin
 Co-Chair-Vicki Pappas
 Communications-Susan Busch
 Federation-Marcia Sickau
 Gifts & Awards Laura Neubecker
 Co-Chair-Ethel Enserro
 Beth Kaderabeck
 Historian-Dorie Deavers
 Co-Chair-Julia Cohan
 Hospitality-Debra Berger
 Co-Chair-Barbara Kaye
 Membership-Anne Bielinski
 Co-Chair-Susan D'Angelo
 Member Recognition
 Maryann "Po" Jumper
 Co-Chair-Patricia Pokracki
 New Members-Carmella Hanley
 Co-Chair-Dawn Halvorson
 Newsletter-Elaine Kellick
 Co-Chair- Linda Lee Sciortino
 Nominating-Julia Cohan
 Parliamentarian-Joyce Lenda
 Publicity-Marion Busch
 Telephone-MaryAnne Grady
 Tribute Fund-Jane Meka
 University and Community Service
 Joan Taggart
 Co-Chair-Bunny Neenos
 Yearbook-Pamela Lojacono
 Co-chair-Andrea Borgioli

STATEMENT OF PURPOSE

The U.B. Women's Club is a non-profit service organization to the University at Buffalo and its community. Its members participate in educational and charitable activities which directly sponsor the Grace Capen Academic Awards in the Spring semester. Membership in UB Women's Club is open to women who have a commitment to The University and the purpose of the Women's Club

President's Message

October has been a busy month for UBWC. Our book club is off to a great start meeting every second Monday in person followed by a zoom discussion Tuesday. Check out the book list for the rest of this year in this newsletter. All our other activity groups are now in full swing too so check out the calendar on page 4. On October 14 we had a New Members Reception and tour of the newly remodeling Dental School on the South Campus. See pictures below.

Lastly, the International Greek Luncheon was held on October 21. The food was delicious and the facility, Columns Banquets, was perfect with a huge bay window looking out on a beautiful garden patio. The drive to and from the venue presented a lovely array of fall foliage.

Many thanks to all the women who have worked on these events. If you would like to help out for future events please contact our Vice President, Eras Bechakas. On the day of any event there is a need for checking registration, selling tickets, answering questions to name a few jobs. Remember - many hands make light work. Join in and meet some new women!

Beth Kaderabeck

UBWC ACTIVITY GROUPS

CO-CHAIRS: Ann Rudin (716-689-7804) and Vicki Pappas (812) 361-9500

BOOKS:

Meets 2nd Monday from 1:00 - 3:00

Canterbury Woods Clubhouse

CAROLYN GIAMBRA 716-863-8945

LOIS KELLY 716-649-8015

(VIA Zoom) 2nd Tuesday

PAULA SALAMONE 716-479-1088

DOMINOES/MEXICAN TRAIN

Meets 2nd Friday from 1:00- 4:00

MARYANN "PO" JUMPER 716-435-3412

CLAUDIA REEVES 716-633-6637

BRIDGE FLIGHT

Bridge times are arranged by players

NANCY DENEEN 716-835-2101

SMALL GROUP DINING

Days and places vary

VICKI PAPPAS 812-361-9500

FRENCH CONVERSATION

Meets 1st Monday at 2:00 PM at member's homes

Members are asked to speak in French only

JEAN JAIN 716-633-5932

MAH JONGG

Wednesdays from 1:00 to 4:00

BETH KADERABECK 716-689-0883

NEEDLEWORK

Meets 3rd Thursday at 1:00 PM at member's homes

Light refreshments will be served.

SUSAN D'ANGELO 716-908-2370

CONNIE RAO 716-634-2549

EVENTS & MOVIES

Dates and places vary

BARBARA MINER 716-810-9205

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1	3:00 PM FRENCH CONVERSATION Member's Home (2:00 PM)		MAH JONGG 1:00-4:00 Temple Shir Shalom		
WEEK 2	BOOKS Canterbury Woods Clubhouse (1:00 PM)	BOOK Via Zoom 1:00 PM	MAH JONGG 1:00-4:00 Temple Shir Shalom	MOVIE GROUP	DOMINOES MEXICAN TRAIN (1:00-4:00 PM) Temple Shir Shalom
WEEK 3	BRIDGE Inter/Advanced (10:00 A.M)		MAH JONGG 1:00-4:00 Temple Shir Shalom	NEEDLEWORK Member's Homes Light Refreshments (1:00 PM)	
WEEK 4			MAH JONGG 1:00-4:00 Temple Shir Shalom		



UBWC Activity Groups for 2023-24

BOOKS:

The Book Group meets monthly on 2nd Mondays, September–May, at the Canterbury Woods Club House from 1:00–2:30 pm. Books are selected for the coming year by the group in May. After refreshments, a member leads the book discussion. A Zoom option is available the following Tuesday from 1:15–2:30 pm.

Contact: Carolyn Giambra (716-863-8945), Lois Kelly (716-649-8015), Paula Salamone (716-479-1088)

BRIDGE FLIGHT

Flight Bridge is an easy and flexible way to play bridge as a foursome. Just get a partner and sign up as a team. You'll receive a list of the teams and how many games to play during the year once the signups are complete. Bridge time and hosts are arranged by the players. New bridge players are welcome.

Contact: Nancy Deneen (716-835-2101)

DOMINOES (Mexican Train)

We currently play this version of Dominoes on 2nd Fridays at Congregation Shir Shalom from 1:00–4:00 pm.

Players receive an invitation the weekend before and play for 25¢ a round; lowest score wins \$1.00!

Contact: Po Jumper (716-435-3412) or Claudia Reeves (716-998-1239)

FRENCH CONVERSATION

French Conversation occurs on 1st Mondays from 2:00–4:00 pm at Canterbury Woods in the Trafalgar Building's private dining room. We have refreshments, speak in French, read aloud, and translate a reading.

Contact: Jean Jain (716-633-5932)

MAH JONGG

Players meet every Wednesday from 1:00 – 4:00 pm at Congregation Shir Shalom on Sheridan Drive. This group welcomes experienced players, but if you'd like to learn, we can connect you with a teacher. It usually takes 4-6 lessons to be a confident player. You're welcome to visit if you'd like to learn.

Contact: Beth Kaderabeck (716-689-0883)

MOVIES

The Movies Group meets monthly on 2nd Thursday afternoons. Following the movie, we'll meet to discuss the film at a late lunch/early dinner or a coffee/pastry shop. We'll have an initial meeting in September to schedule members to take turns choosing the movies.

Contact: Barbara Miner (716-810-9205)

NEEDLEWORK

The Needlework Group meets monthly on 3rd Thursdays in members' homes. We focus on all kinds of needlework: knitting, crochet, needlepoint, and mending. If you want to learn or improve your technique, we can help you. Beginners are welcome!

Contact: Susan D'Angelo (716-908-2370) or Connie Rao (716-634-2549)

SMALL GROUP DINING OUT

Members are assigned to one of the yearly groups of about 8 diners each. Each group sets their own monthly dinner dates and also decides which restaurants they'd like to experience. It's a chance to explore different local restaurants, enjoy great UBWC company, and make some new friends!

Contact: Vicki Pappas (812-361-9500)

SPECIAL EVENTS

This group offers 3-4 all-day excursions each year. All UBWC members receive invitations via email and the Newsletter. Examples of past events are trips to Letchworth Park/Glen Iris Inn and Hurd Orchard in Holly.

Contact: Barbara Miner (716-810-9205)

*Want to know more about these groups or suggest new ones? Contact our Activity Coordinators:
Vicki Pappas (812-361-9500) or Ann Rudin (716-689-7804)*

2023-2024 Calendar of Event

November 2-Thursday

BUFFALO FEDERATION OF WOMEN'S CLUB TEA

Chairs: Buffalo Federation of Women's Club

Hosted by Buffalo State University

December 2-Saturday-----11:00am-2:30pm

WINTER HOLIDAYS LUNCHEON

Sean Patrik's, 3480 Millersport Highway, Getzville, 14068

Chairs: Barbara Miner, Ann Rudin, Carmella Hanley

January 20-Saturday-----6:00pm-10:00pm

DINNER AND WINE TASTING (Italian cuisine/wines)

Fairdale Banquet Center, 672 Wehrle Dr. Amherst, NY 14226

Chairs: Debra Berger, Betty Schaertel, Luella Kenny

Basket Raffle Committee: Gloria O'Neill, Jill Lucci

February 25 – Sunday-----6:00pm-9:00pm

CHINESE BANQUET

Golden Duck Restaurant, 1840 Maple Rd., Williamsville, NY, 14221

Chairs: Jean Jain, Ann Rudin

April 13- Saturday-----11:00am-2:30pm

ELECTION MEETING LUNCHEON

Samuel's Grand Manor, 8750 Main St., Williamsville, 14221

May 18- Saturday-----11:00am-2:30pm

SPRING LUNCHEON & OFFICER INSTALLATION

Russell's Steak, Chops & More, 6675 Transit Rd. Williamsville, 14221

Chairs: Jane Meka, Betty, Schaertel

Note changes to be made in your year book.

Borgioli, Andrea (NEW email address: abborgioli1969@yahoo.com)

Busch, Susan : 716-873-5657 Add cell phone: 716-983-6818

Cougevan, Joyce correct cell phone #: 716-435-1145

Hogg-Chapman: hoggchapman@aol.

Mitchell, Virginia Per Sue D'Angelo (her sister): Delete Ginger's home phone 692- 4950

Add Ginger's cell phone: 716-553- 6262

Searle, Cherry Add cell phone: 478-334-0600 \

Simon, Joan (Joanie) NEW email address: joanie.simon26@gmail.com

Wittmann, Maureen NEW email address: wiUma5@aol.com

Beth Tubin's cell should be corrected to 716-472-7172



UBWC 2023 WINTER HOLIDAYS LUNCHEON

UBWC 2023 WINTER HOLIDAYS LUNCHEON

Saturday, December 2

Sean Patrick's 3480 Millersport Hgwy., Getzville, NY 14068
(Park on the north side near Banquet)

11:00-12:00 Vendors to enhance your holiday shopping

Filet	\$48.00
Haddock	\$44.00
Tuscan Chicken Cutlet	\$40.00
Vegetable Lasagna	\$38.00

All entrees come with Minestrone Soup, Glazed Carrots, Mashed Potatoes, warm rolls and butter, coffee/tea.
Cash bar available for purchase.

RESERVATION DEADLINE: NOVEMBER 21, 2023

Please make your check payable to UB Women's Club

No reserved tables. Participants are encouraged to be vaccinated or wear a mask.

Questions? Call Barbara at 716-810-9205

DETATCH AND MAIL TO: Barbara Miner, 74 Dan Troy, Williamsville, NY 14221

Name _____ Entree choice _____ \$ _____

Name _____ Entree choice _____ \$ _____

Name _____ Entree choice _____ \$ _____

Name _____ Entree choice _____ \$ _____

GUESTS ARE WELCOME

Thank you for supporting the Grace Capen Awards



**SAVE THE
DATE**

**JANUARY 20,
2024**

**Annual Dinner & Wine Pairing
featuring
Italian Wines & Cuisine at
The Fairdale Banquet Center
672 Wehrle Drive, Amherst, NY**

The earlier date means that we need to start collecting basket raffle items, gift cards, cash donations, and bottles of wine at each of the following events:

October 21st International Feast

December 2nd Holiday Luncheon

Deb Berger Luella Kenny Betty Schaertel

NOTES FROM HOSPITALITY

**ATTENTION: ALL CHAIRPERSONS FOR
UPCOMING UBWC' FUNDRAISING EVENTS**

*Please look at Duties for Planning a Luncheon/Dinner for UBWC on our website for guidelines to follow.

*You can view photos with descriptions of various centerpieces & vases that you can borrow from Hospitality

*Contact Hospitality if you need raffle and/or split club tickets for your event.

Deb Berger 716-691-0279

Donation! Donations! Donations!

Donations Requested ~

- * A bottle of wine
- * A gift certificate from your favorite restaurant or service provider
- * A cash donation to be used to purchase gift certificates
- * A completed filled basket ready for the raffle
- * Items to be used in a basket
- *

All donations are tax deductible. Your personal donations as well as donations from businesses will receive a receipt for tax purposes. The donation request letter is in this newsletter for you to print. Please watch for emails regarding future donation opportunities.

If you have any questions please call:

Gloria O'Neill @ 716-445-3797

Jill Lucci @ 716-759 0521

Book Club

Coordinators: Carolyn Giambra, 716-863-8945, Lois Kelly, 716-649-8015 Meetings are on the second Monday of the month at Canterbury Woods Chelsea Clubhouse, 671 Downing Lane, off Ayer Road, Williamsville.

Refreshments at 1 pm, discussion at 1:30 pm.

Zoom meetings are on the second Tuesday of the month at 1 pm. Coordinator: Paula Salamone, 716-479-1088.



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|-------------------|--|
| November 13, 14 | <u>Wedding Dress Sewing Circle</u> by Jennifer Ryan
Discussion Leader: Susie Siegel
Hostesses: Joan Taggart and friend |
| December 11, 12 | <u>Small Things Like These</u> by Claire Keegan,
Discussion Leader: Colleen Maloney-Berman
Hostesses: Sue D'Angelo and Ginger Mitchell |
| January 8, 9 2024 | <u>Lessons in Chemistry</u> by Bonnie Garmus
Discussion Leader: Susan Busch
Hostesses: Laura Neubecker, Carla Bevilaqua |
| February 12, 13 | <u>Born a Crime</u> by Trevor Noah
Discussion Leader: Janet Zehr
Hostesses: Marianne Boccabella and friend |
| March 11, 12 | <u>Look for Me There</u> by Luke Russert
Discussion Leader: Terri Cohen
Hostesses: Pam Pollock and Lesley Kearney |
| April 8, 9 | <u>Hurricane Lizards and Plastic Squid</u> by Thor Hanson
Discussion Leader: Francie Marzec
Hostesses: Mickey Hice Band Jane Olsen |
| May 13, 14 | Planning Meeting Facilitators: Carolyn Giambra, Lois Kelly, Paula Salamone
Hostesses: Beth Kaderabeck and friend |

Tribute Fund-Jane Meka - Chair

Donations to our Tribute Fund May be made to honor a friend or loved one. Please consider donating to the Fund which helps many of our students through the Grace Capen Fund. A thank you note is sent to the donor and an acknowledgment card is sent to the recipient. Recent donations have been made by Grant Swados in memory of his mother Mimi Swados and Jean Jain has also graciously donated in memory of Kathleen Walter and Myra Razik.

You may contact Jane Meka at (716) 836-6414 or at mathmeka@aol.com.

Buffalo Federation of Women's Club Marcia Sickau, Liaison

All members of U.B. Women's Club are also members of the Buffalo Federation of Women's Club and invited to attend all functions.

As a member of UB Women and President of the Buffalo Federation of Women's Club I thought it was important that I let you know about this unusual opportunity we had to meet someone most of us don't know nor about the work she is doing on our behalf and our daughter's and granddaughters.

On October 26, 2023 – We were privileged to have Jill Ashton from the Department of Labor Women's Bureau from Washington DC speak to us on the current work being done to advance policies and standards that safeguard the interests of working women and the advocacy being done for the equality and economic security for women and their families. She is the Northeast Regional Director and works closely with Governor Kathy Hochul, in creating public policy for New York State. Jill has been an advocate for women's rights in a number of capacities and it was our honor to give her a warm welcome.

The Buffalo Federation of Women's Clubs Annual Scholarship Tea will be held on Thursday, November 2, 2023 from 2:00 to 4:00 p.m., at **Buffalo State College in their Jacqueline V. LoRusso Alumni & Visitor Center**, 667 Grant St., Buffalo NY. Reservations are closed.

From Bunny Neenos, co-chair University and Community Service

A volunteer opportunity. Contact Bunny for more information... neenos83@aol.com

ANOTHER VOICE | LITERACY VOLUNTEERS

Lack of health literacy leads to poor outcomes

TARA SCHAFER

Too many people do not realize that in this day and age, literacy is still an enormous problem that negatively impacts over 147,000 people in our region. This year, more than ever before, Literacy Buffalo Niagara will make tangible, measurable differences in area literacy rates over the next 12 months.

We will announce new programming we have designed to attack the growing issue of low health literacy – a \$238 billion problem that leads to poor health outcomes for the 40% of Americans who struggle in this area. Older adults, people of color, refugees, those with low income and less education suffer higher rates of low health literacy. Promoting health literacy improves health outcomes, as well as health care safety and quality. At the same time, it reduces health disparities and health care costs.

Working with community and government partners, and with a generous grant from the Highmark Blue Fund, we will launch the steps that will lead to health equity in our region, creating a community where all people can attain positive health outcomes. We will offer free community-based opportunities for adults to increase their health literacy, including one-on-one tutoring at accessible, neighborhood locations.

We will also focus on health literacy in our Digital Literacy programming since low digital health literacy is a dangerous and costly problem. Health care has changed dramatically with the widespread use of technology, leaving some people and groups behind. Studies show that the level of education attained, economic status, poor computer skills, literacy skills, age and ability to pay for the technology all play a role in determining understanding and use of digital health technologies.

Last week, during National Adult Education and Family Literacy Week, Literacy Buffalo Niagara encouraged the entire region to work together to increase adult and family literacy in our community. There are simple actions that people can take that will make a significant difference. Right now there are 35 people waiting to upgrade their literacy skills – some are our neighbors, friends and family. Volunteering to tutor another person can be life changing. Call us at 716-876-8900 for visit literacybuffalo.org.

Tara Schafer is executive director of Literacy Buffalo Niagara.

Tribute to Connie Rao

We have all received the notice about the passing of Connie Rao, a woman who was the quintessence and spirit of the women in UBWC. I would like to share one of the many tributes I received for Connie that expresses how we all see and will remember Connie. From Vicki Pappas

Oh my, losing Connie is such shocking news, and so sad, indeed. It's hard to imagine UBWC without Connie around. Whether it was the Board, or the Nominating Committee, or the Book Club, or the Constitution review, or the Dining Out group, or her involvement in so many of our other activities and the many events she attended, she was always there, always smiling, always with a suggestion, always promoting the Women's Club, always supportive of each and every one of us personally. All this was so noticeable even from my very first experiences with UBWC. Her leaving us creates a huge hole, both in our hearts and in our activities. Such a dear! May her memory be eternal!



August 15, 2023

Greetings,

The University at Buffalo Women's Club is a service organization to the University at Buffalo and its community. We are in our 78th year of participating in educational and charitable activities which directly sponsor the Grace Capen Academic Awards. The money raised from these activities fund academically gifted students from the University.

Please consider supporting our outstanding Dinner and Wine Pairing Event on Saturday, January 20, 2024. The event will be held at The Fairdale Banquet Center.

Your donation of merchandise or a gift certificate will help students achieve their educational goals. Please support us in making this another successful event. Your contribution is tax deductible (acknowledged by a receipt) and your participation is acknowledged the night of the event.

On behalf of the UB Women's Club we would personally like to thank you for your contribution in advance. Please contact any one of us listed below with any questions.

Sincerely,
Basket Raffle Committee Chairs

Gloria O'Neill
5143 Eastbrooke Place
Williamsville, NY 14221
(716) 445-3797

Jill Lucci
10810 Boyd Drive
Clarence, NY 14031
(716) 481-2660

UBWC
4955 Glenwood Dr.
Williamsville, NY 14221-
4129 Eileen Kuczmariski,
Treasurer



WOMEN'S CLUB NEWSLETTER

Nov. 12 (for **November Issue**)

List of New Members

Holiday Luncheon Reservation Form

Donation Request Letter for Dinner & Wine Tasting

Dinner & Wine Tasting Announcement