**S-SCQ**

Below is a list of statements about smoking. Each statement contains a possible consequence of smoking. For each of the statements below, please rate how LIKELY or UNLIKELY you believe each consequence is for you when you smoke. **If you have never smoked**, you are to answer according to your personal beliefs about the consequences when smoking, regardless of what other people might think.

If the consequence seems UNLIKELY to you, circle a number from 0 to 4. If the consequence seems LIKELY to you, circle a number from 5 to 9. That is, if you believe that a consequence would never happen, circle 0; if you believe a consequence would happen every time you smoke, circle 9. Use the guide below to aid you further. For example, if a consequence seems completely likely to you, you would circle 9. If it seems a little unlikely to you, you would circle 4.

Please circle your answer to each question using the scale below.

 0 1 2 3 4 5 6 7 8 9

Extremely Unlikely Extremely Likely

<-------------------------UNLIKELY-----------------------------------LIKELY------------------------>

1. Cigarettes taste good. 0 1 2 3 4 5 6 7 8 9

2. Smoking controls my appetite. 0 1 2 3 4 5 6 7 8 9

3. Cigarettes help me deal with anxiety or worry. 0 1 2 3 4 5 6 7 8 9

4. I enjoy the taste sensations while smoking. 0 1 2 3 4 5 6 7 8 9

5. Smoking helps me deal with depression. 0 1 2 3 4 5 6 7 8 9

6. Cigarettes keep me from overeating. 0 1 2 3 4 5 6 7 8 9

7. Cigarettes help me deal with anger. 0 1 2 3 4 5 6 7 8 9

8. When I smoke the taste is pleasant. 0 1 2 3 4 5 6 7 8 9

9. I will enjoy the flavor of a cigarette. 0 1 2 3 4 5 6 7 8 9

Please circle your answer to each question using the scale below.

 0 1 2 3 4 5 6 7 8 9

Extremely Unlikely Extremely Likely

<-------------------------UNLIKELY-----------------------------------LIKELY------------------------>

10. I will enjoy feeling a cigarette on my tongue and lips. 0 1 2 3 4 5 6 7 8 9

11. By smoking I risk heart disease and lung cancer. 0 1 2 3 4 5 6 7 8 9

12. Cigarettes help me reduce or handle tension. 0 1 2 3 4 5 6 7 8 9

13. Smoking helps me control my weight. 0 1 2 3 4 5 6 7 8 9

14. When I'm upset with someone, a cigarette helps me cope. 0 1 2 3 4 5 6 7 8 9

15. The more I smoke, the more I risk my health. 0 1 2 3 4 5 6 7 8 9

16. Cigarettes keep me from eating more than I should. 0 1 2 3 4 5 6 7 8 9

17. Smoking keeps my weight down. 0 1 2 3 4 5 6 7 8 9

18. Smoking is hazardous to my health. 0 1 2 3 4 5 6 7 8 9

19. Smoking calms me down when I feel nervous. 0 1 2 3 4 5 6 7 8 9

20. When I'm angry a cigarette can calm me down. 0 1 2 3 4 5 6 7 8 9

21. Smoking is taking years off my life. 0 1 2 3 4 5 6 7 8 9

Please circle your answer to each question using the scale below.

 0 1 2 3 4 5 6 7 8 9

Extremely Unlikely Extremely Likely

<-------------------------UNLIKELY-----------------------------------LIKELY------------------------>

22. I will probably die earlier if I continue to smoke. 0 1 2 3 4 5 6 7 8 9

23. Each cigarette I smoke maintains my addiction. 0 1 2 3 4 5 6 7 8 9

24. I will become more dependent on nicotine if I continue smoking. 0 1 2 3 4 5 6 7 8 9

25. Smoking makes me seem less attractive. 0 1 2 3 4 5 6 7 8 9

26. My mouth tastes bad after smoking. 0 1 2 3 4 5 6 7 8 9

27. Smoking will make me cough. 0 1 2 3 4 5 6 7 8 9

28. People think less of me if they see me smoking. 0 1 2 3 4 5 6 7 8 9

29. Smoking irritates my mouth and throat. 0 1 2 3 4 5 6 7 8 9

30. I look ridiculous while smoking. 0 1 2 3 4 5 6 7 8 9

31. Cigarettes make my lungs hurt. 0 1 2 3 4 5 6 7 8 9

32. I become more addicted the more I smoke. 0 1 2 3 4 5 6 7 8 9

33. My throat burns after smoking. 0 1 2 3 4 5 6 7 8 9

Please circle your answer to each question using the scale below.

 0 1 2 3 4 5 6 7 8 9

Extremely Unlikely Extremely Likely

<-------------------------UNLIKELY-----------------------------------LIKELY------------------------>

34. If I have nothing to do, a smoke can help kill time. 0 1 2 3 4 5 6 7 8 9

35. I really enjoy a cigarette when I’m relaxed and feeling good. 0 1 2 3 4 5 6 7 8 9

36. I like to watch the smoke from my cigarette. 0 1 2 3 4 5 6 7 8 9

37. I enjoy feeling the smoke hit my mouth and the back of my throat. 0 1 2 3 4 5 6 7 8 9

38. Cigarettes give me something to do with my hands. 0 1 2 3 4 5 6 7 8 9

39. If I’m feeling irritable, a smoke will help me relax. 0 1 2 3 4 5 6 7 8 9

40. I feel more at ease with other people if I have a cigarette. 0 1 2 3 4 5 6 7 8 9

41. I enjoy parties more when I am smoking. 0 1 2 3 4 5 6 7 8 9

42. Smoking temporarily reduces those repeated urges for cigarettes. 0 1 2 3 4 5 6 7 8 9

43. Smoking reduces my anger. 0 1 2 3 4 5 6 7 8 9

44. If I’m tense, a cigarette helps me to relax. 0 1 2 3 4 5 6 7 8 9

45. Cigarettes help me to concentrate. 0 1 2 3 4 5 6 7 8 9

46. If I’m disappointed in myself, a good smoke can help. 0 1 2 3 4 5 6 7 8 9

47. When I am sad, smoking makes me feel better. 0 1 2 3 4 5 6 7 8 9

48. The longer I smoke, the harder it will be to quit. 0 1 2 3 4 5 6 7 8 9

49. Cigarettes control me more and more the longer I smoke. 0 1 2 3 4 5 6 7 8 9

50. Cigarettes are good for dealing with boredom. 0 1 2 3 4 5 6 7 8 9

**S-SCQ**

Below is a list of statements about smoking. Each statement contains a possible consequence of smoking. For each of the statements below, please rate how DESIRABLE or UNDESIRABLE you believe each consequence is for you when you smoke. **If you have never smoked**, you are to answer according to your personal beliefs about the consequences when smoking, regardless of what other people might think.

If the consequence seems UNDESIRABLE to you, circle a number from -5 to -1. If the consequence seems DESIRABLE to you, circle a number from +1 to +5. That is, if you believe that a consequence is not at all desirable, circle -5; if you believe a consequence is very desirable, circle +5. Use the guide below to aid you further.

Please circle your answer to each question using the scale below.

 -5 -4 -3 -2 -1 0 +1 +2 +3 +4 +5

Extremely Very Somewhat A Little A Little Somewhat Very Extremely

<----------------UNDESIRABLE---------------><------------------DESIRABLE---------------->

1. Cigarettes taste good. -5 -4 -3 -2 -1 0 +1 +2 +3 +4 +5

2. Smoking controls my appetite. -5 -4 -3 -2 -1 0 +1 +2 +3 +4 +5

3. Cigarettes help me deal with anxiety or worry. -5 -4 -3 -2 -1 0 +1 +2 +3 +4 +5

4. I enjoy the taste sensations while smoking. -5 -4 -3 -2 -1 0 +1 +2 +3 +4 +5

5. Smoking helps me deal with depression. -5 -4 -3 -2 -1 0 +1 +2 +3 +4 +5

6. Cigarettes keep me from overeating. -5 -4 -3 -2 -1 0 +1 +2 +3 +4 +5

7. Cigarettes help me deal with anger. -5 -4 -3 -2 -1 0 +1 +2 +3 +4 +5

8. When I smoke the taste is pleasant. -5 -4 -3 -2 -1 0 +1 +2 +3 +4 +5

9. I will enjoy the flavor of a cigarette. -5 -4 -3 -2 -1 0 +1 +2 +3 +4 +5

Please circle your answer to each question using the scale below.

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Extremely Very Somewhat A Little A Little Somewhat Very Extremely

<----------------UNDESIRABLE---------------><------------------DESIRABLE---------------->

10. I will enjoy feeling a cigarette on my tongue and lips. -5 -4 -3 -2 -1 0 +1 +2 +3 +4 +5

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19. Smoking calms me down when I feel nervous. -5 -4 -3 -2 -1 0 +1 +2 +3 +4 +5

20. When I'm angry a cigarette can calm me down. -5 -4 -3 -2 -1 0 +1 +2 +3 +4 +5

21. Smoking is taking years off my life. -5 -4 -3 -2 -1 0 +1 +2 +3 +4 +5

Please circle your answer to each question using the scale below.

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<----------------UNDESIRABLE---------------><------------------DESIRABLE---------------->

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23. Each cigarette I smoke maintains my addiction. -5 -4 -3 -2 -1 0 +1 +2 +3 +4 +5

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33. My throat burns after smoking. -5 -4 -3 -2 -1 0 +1 +2 +3 +4 +5

Please circle your answer to each question using the scale below.

 -5 -4 -3 -2 -1 0 +1 +2 +3 +4 +5

Extremely Very Somewhat A Little A Little Somewhat Very Extremely

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46. If I’m disappointed in myself, a good smoke can help. -5 -4 -3 -2 -1 0 +1 +2 +3 +4 +5

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48. The longer I smoke, the harder it will be to quit. -5 -4 -3 -2 -1 0 +1 +2 +3 +4 +5

49. Cigarettes control me more and more the longer I smoke. -5 -4 -3 -2 -1 0 +1 +2 +3 +4 +5

50. Cigarettes are good for dealing with boredom. -5 -4 -3 -2 -1 0 +1 +2 +3 +4 +5