Abstaining – Alcohol

The following list includes some of the reasons others have given for why they do not drink or why they limit the amount they drink. We would like to know how much importance you attach to these concerns Use the following response options.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| I sometimes limit my drinking (or don’t drink at all): | **(0)**  **Strongly Disagree** | **(1)**  **Slightly Disagree** | **(2)**  **Slightly Agree** | **(3)**  **Strongly**  **Agree** |
| 1. Because it’s against my religion to drink. | 0 | 1 | 2 | 3 |
| 2. Because I sometimes become rude or obnoxious when I drink. | 0 | 1 | 2 | 3 |
| 3. Because I’m afraid I might become an alcoholic if I drink too much. | 0 | 1 | 2 | 3 |
| 4. Because the people I hang around with are against drinking. | 0 | 1 | 2 | 3 |
| 5. Because it’s not healthy to drink too much. | 0 | 1 | 2 | 3 |
| 6. Because I’m scared I’ll get into trouble. | 0 | 1 | 2 | 3 |
| 7. Because I worry that I might not be able to control myself. | 0 | 1 | 2 | 3 |
| 8. Because I feel physically ill after drinking. | 0 | 1 | 2 | 3 |
| 9. Because it could interfere with my carrying out my responsibilities (like school, work, my job). | 0 | 1 | 2 | 3 |
| 10. Because it’s expensive. | 0 | 1 | 2 | 3 |