Adult Self Report

***Instructions:*** *Below is a list of items that describe people. For each item describe yourself* ***over the past 6 month****s. Please choose* ***2*** *if the item is* ***very true or often true*** *of you. Choose* ***1*** *if the item is* ***somewhat or sometimes true*** *of you. If the item is* ***not true*** *of you, choose 0.*

***0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True***

**For each item use the scale below to indicate how true each item is for you within the past 6 months.**

1. I am too forgetful.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

2. I make good use of my opportunities.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

3. I argue a lot.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

4. I work up to my ability.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

5. I blame others for my problems.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

6. I use drugs (other than alcohol and nicotine) for nonmedical purposes (describe: )

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

7. I brag.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

8. I have trouble concentrating or paying attention for long.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

9. I can’t get my mind off certain thoughts (describe: ).

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

10. I have trouble sitting still.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

11. I am too dependent on others.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

12. I feel lonely.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

13. I feel confused or in a fog.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

14. I cry a lot.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

15. I am pretty honest.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

16. I am mean to others.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

17. I daydream a lot.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

18. I deliberately try to hurt or kill myself.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

19. I try to get a lot of attention.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

20. I damage or destroy my things.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

21. I damage or destroy things belonging to others.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

22. I worry about my future.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

23. I break rules at work or elsewhere.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

24. I don’t eat as well as I should.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

25. I don’t get along with other people.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

26. I don’t feel guilty after doing something I shouldn’t.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

27. I am jealous of others.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

28. I get along badly with my family.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

29. I am afraid of certain animals, situations, or places (describe: ).

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

30. My relations with the opposite sex are poor.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

31. I am afraid I might think or do something bad.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

32. I feel that I have to be perfect.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

33. I feel that no one loves me.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

34. I feel that others are out to get me.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

35. I feel worthless or inferior.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

36. I accidentally get hurt a lot, accident-prone.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

37. I get in many fights.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

38. My relations with neighbors are poor.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

39. I hang around people who get in trouble.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

40. I hear sounds or voices that other people think aren’t there (describe: ).

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

41. I am impulsive or act without thinking.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

42. I would rather be alone than with others.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

43. I lie or cheat.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

44. I feel overwhelmed by my responsibilities.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

45. I am nervous or tense.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

46. Parts of my body twitch or make nervous movements (describe: ).

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

47. I lack self-confidence.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

48. I am not liked by others.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

49. I can do certain things better than most people.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

50. I am too fearful or anxious.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

51. I feel dizzy or lightheaded.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

52. I feel too guilty.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

53. I have trouble planning for the future.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

54. I feel tired without good reason.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

55. My mood swings between elation and depression.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

56. Physical problems without known medical cause:

 a.Aches or pains: 0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

b.Headaches: 0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

c.Nausea, feel sick 0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

d.Problems with eyes (not if corrected by glasses( Describe: )

 0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

e.Rashes or other skin problems

 0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

f.Stomachaches 0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

g.Vomiting, throwing up 0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

h.Heart pounding /racing 0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

i.Numbness or tingling in body parts

 0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

57. I physically attack people.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

58. I pick my skin or other parts of my body (describe: ).

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

59. I fail to finish things I should do.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

60. There is very little that I enjoy.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

61. My work performance is poor.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

62. I am poorly coordinated or clumsy.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

63. I would rather be with older people than with people of my own age.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

64. I have trouble setting priorities.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

65. I refuse to talk.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

66. I repeat certain acts over and over (describe: )..

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

67. I have trouble making or keeping friends.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

68. I scream or yell a lot.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

69. I am secretive or keep things to myself.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

70. I see things that other people think aren’t there (describe: ).

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

71. I am easily self-conscious or easily embarrassed.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

72. I worry about my family.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

73. I meet my responsibilities to my family.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

74. I show off or clown.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

75. I am too shy or timid.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

76. My behavior is irresponsible.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

77. I sleep more than most other people during day and/or night (describe: ).

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

78. I have trouble making decisions.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

79. I have a speech problem (describe: ).

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

80. I stand up for my rights.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

81. My behavior is very changeable.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

82. I steal.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

83. I am easily bored.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

84. I do things that other people think are strange (describe: ).

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

85. I have thoughts that other people would think are strange (describe: ).

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

86. I am stubborn, sullen, or irritable.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

87. My moods or feelings change suddenly.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

88. I enjoy being with people.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

89. I rush into things without considering the risks.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

90. I drink too much alcohol or get drunk.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

91. I think about killing myself.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

92. I do things that may cause me trouble with the law (describe: ).

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

93. I talk too much.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

94. I tease others a lot.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

95. I have a hot temper.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

96. I think about sex too much.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

97. I threaten to hurt people.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

98. I like to help others.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

99. I dislike staying in one place for very long.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

100. I have trouble sleeping (describe: ).

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

101. I stay away from my job even when I’m not sick or on vacation.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

102. I don’t have much energy.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

103. I am unhappy, sad, or depressed.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

104. I am louder than others.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

105. People think I am disorganized.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

106. I try to be fair to others.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

107. I feel that I can’t succeed.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

108. I tend to lose things.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

109. I like to try new things.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

110. I wish I were of the opposite sex.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

111. I keep from getting involved with others.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

112. I worry a lot.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

113. I worry about my relations with the opposite sex.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

114. I fail to pay my debts or meet other financial responsibilities.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

115. I feel restless or fidgety.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

116. I get upset too easily.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

117. I have trouble managing money or credit cards.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

118. I am too impatient.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

119. I am not good at details.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

120. I drive too fast.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

121. I tend to be late for appointments.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

122. I have trouble keeping a job.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

123. I am a happy person.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True