**CSQ**

**Instructions:** Next, is a list of consequences of smoking cigarettes. Please rate how likely each consequence would be if you were to smoke and how desirable this consequence would be. If you don’t smoke, then imagine if you were to smoke, and respond to each item accordingly.

 1. Smoking controls my appetite.

 How likely would this be?

 0 1 2 3 4 5 6 7 8 9

 Extremely Extremely

unlikely likely

 How desirable would this be?

 -5 -4 -3 -2 -1 0 1 2 3 4 5

Extremely Extremely

undesirable desirable

2. The longer I smoke, the harder it will be to quit.

 How likely would this be?

 0 1 2 3 4 5 6 7 8 9

 Extremely Extremely

unlikely likely

 How desirable would this be?

 -5 -4 -3 -2 -1 0 1 2 3 4 5

Extremely Extremely

undesirable desirable

 3 My throat burns after smoking.

 How likely would this be?

 0 1 2 3 4 5 6 7 8 9

 Extremely Extremely

unlikely likely

 How desirable would this be?

 -5 -4 -3 -2 -1 0 1 2 3 4 5

Extremely Extremely

undesirable desirable

4. Smoking keeps my weight down.

 How likely would this be?

 0 1 2 3 4 5 6 7 8 9

 Extremely Extremely

unlikely likely

 How desirable would this be?

 -5 -4 -3 -2 -1 0 1 2 3 4 5

Extremely Extremely

undesirable desirable

 5. I will enjoy the flavor of a cigarette.

 How likely would this be?

 0 1 2 3 4 5 6 7 8 9

 Extremely Extremely

unlikely likely

 How desirable would this be?

 -5 -4 -3 -2 -1 0 1 2 3 4 5

Extremely Extremely

undesirable desirable

6. I become more addicted the more I smoke.

 How likely would this be?

 0 1 2 3 4 5 6 7 8 9

 Extremely Extremely

unlikely likely

 How desirable would this be?

 -5 -4 -3 -2 -1 0 1 2 3 4 5

Extremely Extremely

undesirable desirable

 7. When I am sad, smoking makes me feel better.

 How likely would this be?

 0 1 2 3 4 5 6 7 8 9

 Extremely Extremely

unlikely likely

 How desirable would this be?

 -5 -4 -3 -2 -1 0 1 2 3 4 5

Extremely Extremely

undesirable desirable

8. Smoking irritates my mouth and throat.

 How likely would this be?

 0 1 2 3 4 5 6 7 8 9

 Extremely Extremely

unlikely likely

 How desirable would this be?

 -5 -4 -3 -2 -1 0 1 2 3 4 5

Extremely Extremely

undesirable desirable

9. Smoking helps me deal with depression.

 How likely would this be?

 0 1 2 3 4 5 6 7 8 9

 Extremely Extremely

unlikely likely

 How desirable would this be?

 -5 -4 -3 -2 -1 0 1 2 3 4 5

Extremely Extremely

undesirable desirable

 10. I enjoy feeling the smoke hit my mouth and the back of my throat.

 How likely would this be?

 0 1 2 3 4 5 6 7 8 9

 Extremely Extremely

unlikely likely

 How desirable would this be?

 -5 -4 -3 -2 -1 0 1 2 3 4 5

Extremely Extremely

undesirable desirable

 11. I will probably die earlier if I continue to smoke.

 How likely would this be?

 0 1 2 3 4 5 6 7 8 9

 Extremely Extremely

unlikely likely

 How desirable would this be?

 -5 -4 -3 -2 -1 0 1 2 3 4 5

Extremely Extremely

undesirable desirable

 12. Smoking will make me cough.

 How likely would this be?

 0 1 2 3 4 5 6 7 8 9

 Extremely Extremely

unlikely likely

 How desirable would this be?

 -5 -4 -3 -2 -1 0 1 2 3 4 5

Extremely Extremely

undesirable desirable

 13. If I’m feeling irritable, a smoke will help me relax.

 How likely would this be?

 0 1 2 3 4 5 6 7 8 9

 Extremely Extremely

unlikely likely

 How desirable would this be?

 -5 -4 -3 -2 -1 0 1 2 3 4 5

Extremely Extremely

undesirable desirable

 14. Cigarettes help me deal with anger.

 How likely would this be?

 0 1 2 3 4 5 6 7 8 9

 Extremely Extremely

unlikely likely

 How desirable would this be?

 -5 -4 -3 -2 -1 0 1 2 3 4 5

Extremely Extremely

undesirable desirable

 15. Cigarettes keep me from eating more than I should.

 How likely would this be?

 0 1 2 3 4 5 6 7 8 9

 Extremely Extremely

unlikely likely

 How desirable would this be?

 -5 -4 -3 -2 -1 0 1 2 3 4 5

Extremely Extremely

undesirable desirable

16. Cigarettes make my lungs hurt.

 How likely would this be?

 0 1 2 3 4 5 6 7 8 9

 Extremely Extremely

unlikely likely

 How desirable would this be?

 -5 -4 -3 -2 -1 0 1 2 3 4 5

Extremely Extremely

undesirable desirable

 17. Smoking makes me seem less attractive.

 How likely would this be?

 0 1 2 3 4 5 6 7 8 9

 Extremely Extremely

unlikely likely

 How desirable would this be?

 -5 -4 -3 -2 -1 0 1 2 3 4 5

Extremely Extremely

undesirable desirable

18. If I’m tense, a cigarette helps me to relax.

 How likely would this be?

 0 1 2 3 4 5 6 7 8 9

 Extremely Extremely

unlikely likely

 How desirable would this be?

 -5 -4 -3 -2 -1 0 1 2 3 4 5

Extremely Extremely

undesirable desirable

 19. Cigarettes keep me from overeating.

 How likely would this be?

 0 1 2 3 4 5 6 7 8 9

 Extremely Extremely

unlikely likely

 How desirable would this be?

 -5 -4 -3 -2 -1 0 1 2 3 4 5

Extremely Extremely

undesirable desirable

20. Cigarettes help me deal with anxiety or worry.

 How likely would this be?

 0 1 2 3 4 5 6 7 8 9

 Extremely Extremely

unlikely likely

 How desirable would this be?

 -5 -4 -3 -2 -1 0 1 2 3 4 5

Extremely Extremely

undesirable desirable

 21. I enjoy parties more when I am smoking.

 How likely would this be?

 0 1 2 3 4 5 6 7 8 9

 Extremely Extremely

unlikely likely

 How desirable would this be?

 -5 -4 -3 -2 -1 0 1 2 3 4 5

Extremely Extremely

undesirable desirable

22. I feel more at ease with other people if I have a cigarette.

 How likely would this be?

 0 1 2 3 4 5 6 7 8 9

 Extremely Extremely

unlikely likely

 How desirable would this be?

 -5 -4 -3 -2 -1 0 1 2 3 4 5

Extremely Extremely

undesirable desirable

 23. Cigarettes help me concentrate.

 How likely would this be?

 0 1 2 3 4 5 6 7 8 9

 Extremely Extremely

unlikely likely

 How desirable would this be?

 -5 -4 -3 -2 -1 0 1 2 3 4 5

Extremely Extremely

undesirable desirable

 24. I really enjoy a cigarette when I’m relaxed and feeling good.

 How likely would this be?

 0 1 2 3 4 5 6 7 8 9

 Extremely Extremely

unlikely likely

 How desirable would this be?

 -5 -4 -3 -2 -1 0 1 2 3 4 5

Extremely Extremely

undesirable desirable

 25. Cigarettes give me something to do with my hands.

 How likely would this be?

 0 1 2 3 4 5 6 7 8 9

 Extremely Extremely

unlikely likely

 How desirable would this be?

 -5 -4 -3 -2 -1 0 1 2 3 4 5

Extremely Extremely

undesirable desirable

26. I enjoy the taste sensations while smoking.

 How likely would this be?

 0 1 2 3 4 5 6 7 8 9

 Extremely Extremely

unlikely likely

 How desirable would this be?

 -5 -4 -3 -2 -1 0 1 2 3 4 5

Extremely Extremely

undesirable desirable

 27. When I’m angry a cigarette can calm me down.

 How likely would this be?

 0 1 2 3 4 5 6 7 8 9

 Extremely Extremely

unlikely likely

 How desirable would this be?

 -5 -4 -3 -2 -1 0 1 2 3 4 5

Extremely Extremely

undesirable desirable

28. Cigarettes help me reduce or handle tension.

 How likely would this be?

 0 1 2 3 4 5 6 7 8 9

 Extremely Extremely

unlikely likely

 How desirable would this be?

 -5 -4 -3 -2 -1 0 1 2 3 4 5

Extremely Extremely

undesirable desirable