

Financial Motivational Conflict Scale

Cite: Park, Ward, Naragon-Gainey, Fujita, & Koepler (in press). I'm still spending: Financial contingency of self-worth predicts financial motivational conflict and compulsive buying. *Personality and Social Psychology Bulletin*.

INSTRUCTIONS: Please indicate how much you agree with the following statements. There are no right or wrong answers and your responses will be confidential so please be as honest as possible in your responses.

Scale: 1 = *not at all* to 5 = *very much*

1. I experience internal conflict between wanting to spend money versus not wanting to spend money.
2. I feel conflicted about buying things that might make me feel guilty later on for buying them.
3. I feel torn between wanting to spend money to buy things versus not wanting to spend my money.
4. I experience internal conflict between wanting to spend versus not spend my money.
5. I feel conflicted whenever I have to make a decision about whether or not to buy something.
6. I feel discomfort when I have to decide whether or not to spend my money on something.
7. I experience internal conflict between wanting to spend versus wanting to save my money.

To score: Compute the average score across the seven items. Higher numbers indicate more financial motivational conflict.