

Michael J. Poulin, Ph.D.

Curriculum Vitae

University Address:
Park Hall 351
Department of Psychology
University at Buffalo
Buffalo, NY 14260-4110
716-645-0518
mjpoulin@buffalo.edu

Home Address:
32 Highland Dr.
Williamsville, NY 14221
716-580-3525
mjpoulin@gmail.com

EDUCATION

1999 B.A., Religion (Comparative), Carleton College
2006 Ph.D., Psychology and Social Behavior, University of California, Irvine
2006-2008 Post-Doctoral Fellow
 Center for Behavioral and Decision Sciences in Medicine
 University of Michigan & VA Ann Arbor Health System

EMPLOYMENT HISTORY

2014-present Associate Professor
 Department of Psychology
 University at Buffalo, State University of New York

2008-2014 Assistant Professor
 Department of Psychology
 University at Buffalo, State University of New York

GRANT SUPPORT

2012 Principal Investigator:
 Threat Reduction as a Novel Mechanism Linking Empathy and Prosocial Behavior
 National Science Foundation Social Psychology Program
 Effective September 2012 – September 2015
 Total costs: \$394,989; Direct costs: \$269,711

PUBLICATIONS

(* student advisee)

Articles

1) Refereed journals

- Buffone, A. E. K.*, Gabriel, S., & **Poulin**, M. J. (In press) There but for the grace of god: Counterfactuals influence religious belief and images of the divine. *Social Psychological and Personality Science*.
- Poulin**, M. J., & Haase, C. M. (2015) Growing to trust: Evidence that trust increases and sustains well-being across the life span. *Social Psychological and Personality Science*, 6, 614-621.
- Buffone, A. E. K.*, & **Poulin**, M. J. (2014). Empathy, target distress, and neurohormone genes interact to predict aggression for others: Even without provocation. *Personality and Social Psychology Bulletin*, 40, 1406-1422.
- Blum, S., Silver, R. C., & **Poulin**, M. J. (2014). Perceiving risk in a dangerous world: Associations between life experiences and risk perceptions. *Social Cognition*, 32, 297-313.
- Poulin**, M. J. (2014). Volunteering predicts health among those who value others: Two national studies. *Health Psychology*, 33, 120-129.
- Silver, R. C., Holman, E. A., Andersen, J. P., **Poulin**, M. J., McIntosh, D. N., & Gil-Rivas, V. (2013). Witnessing collective traumas: Acute and long-term mental and physical health effects of exposure to media images of the 9/11 attacks and the Iraq War in a US national sample. *Psychological Science*, 9, 1623-1634.
- Poulin**, M. J., & Holman, E. A. (2013) Helping hands, healthy body? Oxytocin receptor gene and prosocial behavior interact to buffer the association between stress and physical health. *Hormones and Behavior*, 63, 510-517.
- Scott, S. B., **Poulin**, M. J., & Silver, R. C. (2013). A lifespan perspective on terrorism: Age differences in trajectories of response to the September 11th attacks. *Developmental Psychology*, 49, 986-998.
- Poulin**, M. J., Brown, S. L., Dillard, A., & Smith, D. M. (2013). Stress does not predict increased mortality among those who give to others. *American Journal of Public Health*, 103, 1649-1655.
- Haase, C. M., **Poulin**, M. J., & Heckhausen, J. (2012). Happiness as a motivator: Positive high-arousal affect enhances primary control striving. *Personality and Social Psychology Bulletin*, 38, 1093 - 1104.
- Poulin**, M. J., Holman, E. A., & Buffone, A. E. K*, (2012). The neurogenetics of nice: Oxytocin and vasopressin receptor genes and prosocial behavior. *Psychological Science*, 23, 446-452.
- McIntosh, D. N., **Poulin**, M. J., Silver, R. C., & Holman, E. A. (2011). The distinct roles of spirituality and religiosity in physical and mental health after collective trauma: A national study of responses to the 9/11 attacks. *Journal of Behavioral Medicine*, 34, 497-507.
- Shambaugh, G., Matthew, R., Silver, R. C., McDonald, B., **Poulin**, M. J., & Blum, S. (2010). Public perceptions of traumatic events and policy preferences during the George W. Bush

- administration: A portrait of America in turbulent times. *Studies in Conflict and Terrorism*, 33, 55-91.
- Poulin**, M. J., Brown, S. L., Ubel, P. A., Smith, D. M., Jankovic, A. & Langa, K. M. (2010). Does a helping hand mean a heavy heart? Helping behavior and well-being among spouse caregivers. *Psychology and Aging*, 25, 108-117.
- Adler, J. M., & **Poulin**, M. J. (2009). The political is personal: Narrating 9/11 and psychological well-being. *Journal of Personality*, 77, 903-932.
- Brown, S. L., Fredrickson, B. L., Wirth, M. M., **Poulin**, M. J., Meier, E. A., Heaphy, E. D., Cohen, M. D., & Schultheiss, O. C. (2009). Social closeness increases salivary progesterone in humans. *Hormones and Behavior*, 56, 108-111.
- Brown, S. L., Smith, D. M., Schulz, R., Kabeto, M. U., Ubel, P. A., **Poulin**, M. J., Yi, J., Kim, C., & Langa, K. M. (2009). Caregiving behavior is associated with decreased mortality risk. *Psychological Science*, 20, 488-494.
- Poulin**, M. J., Silver, R.C., Gil-Rivas, V., Holman, E.A., & McIntosh, D.N. (2009). Finding social benefits after a collective trauma: Perceiving societal changes and well-being following 9/11. *Journal of Traumatic Stress*, 22, 81-90.
- Holman, E.A., Silver, R.C., **Poulin**, M. J., Pizarro, J., Gil-Rivas, V., & McIntosh, D.N. (2008). Early predictors of cardiovascular health over three years following September 11. *Archives of General Psychiatry*, 65, 73-80.
- Poulin**, M. J., & Silver, R. C. (2008). World benevolence beliefs and well-being across the life span. *Psychology and Aging*, 23, 13-23.
- Gil-Rivas, V., Silver, R.C., Holman, E. A., McIntosh, D.N., & **Poulin**, M. J. (2007). Parental response and adolescent adjustment to the September 11th terrorist attacks. *Journal of Traumatic Stress*, 20, 1063-1068.
- Poulin**, M. J., & Heckhausen, J. (2007). Stressful events compromise goal striving during a major life transition. *Motivation and Emotion*, 31, 300-311.
- Silver, R. C., **Poulin**, M. J., Holman, E. A., McIntosh, D. N., Gil-Rivas, V., & Pizarro, J. (2005). Exploring the myths of coping with a national trauma: A longitudinal study of responses to the September 11th terrorist attacks. *Journal of Aggression, Maltreatment & Trauma*, 9, 129-141. [Also appears as Y. Danieli, D. Brom, & J. Sills (Eds.), *The trauma of terrorism: An international handbook of sharing knowledge and shared care* (pp. 129-141). Binghamton, NY: Haworth Press.
- Silver, R. C., Holman, E. A., McIntosh, D. N., **Poulin**, M. J., & Gil-Rivas, V. (2002). Nationwide longitudinal study of psychological responses to September 11. *JAMA: The Journal of the American Medical Association*, 288, 1235-1244.

1a) Manuscripts currently under review at refereed journals

- Poulin**, M. J., Holman, E. A., & Morrison, C. D.* *He just needs some space: Territory as a stress-buffer according to gender and vasopressin receptor genotype.*
- Poulin**, M. J., & Silver, R. C. *Do assumptions shatter? A prospective, longitudinal investigation of stressful events and world assumptions in a national sample.*
- Poulin**, M. J., & Silver, R. C. *What might have been: Near-miss experiences and adjustment to the 9/11 attacks.*

- Poulin, M. J., Valenti, J. L.*, Buffone, A. E. K.*, DeLury, S. S.*, & Ministero, L. M.*** *Caring for you doesn't have to threaten me: Compassion buffers attachment avoidance's links with non-helping and distress.*
- Randles, D. Heine, S., **Poulin, M. J., & Silver, R. C.** *Experienced adversity in life relates to polarized and affirmed values in unrelated domains.*
- Buffone, A. E. K.*, **Poulin, M. J., DeLury, S. S.*, Ministero, L. M.*, & Morrison, C. D.** *Perspective taking and the biopsychosocial model of challenge and threat: Effects of imagine-other and imagine-self perspective taking on active goal pursuit.*
- Buffone, A. E. K.*, **Poulin, M. J., DeLury, S. S.*, Ministero, L. M.*** *Generalized trust variability: An individual difference with implications for person perception and prosocial behavior.*
- Garfin, D., **Poulin, M. J., Blum, S., & Silver, R. C.** (In press). *The aftermath of terror: A nationwide longitudinal study of posttraumatic stress across the 9/11 decade.*

2) Non-refereed journals

Poulin, M. J. (December, 2012). Our genes want us to be altruists. *APS Observer*.

3) Conference proceedings

[None]

4) Contributions to books

- Poulin, M. J., & Heckhausen, J.** (2006). The life-span theory of control. In R. Schulz, L. Noelker, K. Rockwood, & R. Sprott (Eds.), *The encyclopedia of aging* (4th ed.) (pp. 657-659). New York: Springer.
- Silver, R. C., Holman, E. A., McIntosh, D. N., **Poulin, M. J., Gil-Rivas, V., & Pizarro, J.** (2006). Coping with a national trauma: A nationwide longitudinal study of responses to the terrorist attacks of September 11. In Y. Neria, R. Gross, R. Marshall, & E. Susser (Eds.), *9/11: Mental health in the wake of terrorist attacks* (pp. 45-70). NY: Cambridge University Press.
- Poulin, M. J., Haase, C., & Heckhausen, J.** (2005). Engagement with and disengagement from goals across the life span: A comparison of two-process models of developmental regulation. In W. Greve, K. Rothermund, & D. Wentura (Eds.), *The adaptive self: Personal continuity and intentional self-development* (pp. 117-136). Göttingen/New York: Hogrefe/Huber Publisher.

Invited or Refereed Talks

Poulin, M. J. *Let me think about you for a change: Empathy, distress, and the self.* Invited talk delivered at the annual convention of the Midwestern Psychological Association, Chicago, IL.

- Buffone, A. E. K., **Poulin, M. J.**, DeLury, S. S., Ministero, L. M., & Morrison, C. D. *Perspective taking and the biopsychosocial model of challenge and threat: Different forms of empathy predict invigorating versus debilitating cardiovascular arousal*. Symposium conducted at the Emotion preconference at the annual meeting of the Society for Personality and Social Psychology, San Diego, CA.
- Ministero, L. M., & **Poulin, M. J.** (April, 2016). Good enough to help: Empathic concern increases positively-biased self-descriptions. Symposium conducted at the annual meeting of the Midwestern Psychological Association, Chicago, IL.
- Morrison, C. D., & **Poulin, M. J.** (2015, April). Place attachment: Investigating correlates with prosocial behavior and distress. Symposium conducted at the annual meeting of the Midwestern Psychological Association, Chicago, IL.
- Ministero, L. M., & **Poulin, M. J.** (2015, April). When does compassion collapse? Perspective taking facilitates compassion for groups. Symposium conducted at the annual meeting of the Midwestern Psychological Association, Chicago, IL.
- DeLury, S. S., & **Poulin, M. J.** (2015, April). Compassion is (partially) selfless: Self-concept dynamics following compassion and threat. Symposium conducted at the annual meeting of the Midwestern Psychological Association, Chicago, IL.
- Poulin, M. J.**, Valenti, J. L.*, Buffone, A. E. K.*, DeLury, S. S.*, & Ministero, L. M.* (2015, May). Compassion reduces distress among avoidantly attached individuals. In M. A. Okun (Chair), *Prosocial behavior in emerging and older adults: Outcomes and mechanisms*. Symposium conducted at the annual meeting of the Association for Psychological Science, New York, NY.
- Buffone, A. E. K., & **Poulin, M. J.** (2015, February). Day to day fluctuations in generalized trust. Symposium conducted at the annual meeting of the Society for Personality and Social Psychology, Long Beach, CA.
- Poulin, M. J.**, & Holman, E. A. (2014, February). Oxytocin and vasopressin: From genes to bodies to culture. Invited talk at the Social Neuroendocrinology Preconference at the annual meeting of the Society for Personality and Social Psychology, Austin, TX.
- Poulin, M. J.**, & Holman, E. A. (2013, January). Vasopressin receptor gene (avpr1a) moderates health benefits of territory in human males. In I. Dar-Nimrod (Chair), *The evolution of the interactionist perspective: Advances in research integrating genes, personality, and social contexts*. Symposium conducted at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- Poulin, M. J.**, & Buffone, A. E. K.* (2012, January). Fierce compassion: A vasopressin receptor gene interacts with empathy to shape prosocial aggression. Symposium conducted at the annual meeting of the Society for Personality and Social Psychology, San Diego, CA.
- Poulin, M. J.** (2011, November). Why is helping healthy? Genes, emotions, and trust as factors linking health and prosocial behavior. Talk presented to the Department of Psychology, University of Toronto, Mississauga, Mississauga, ON.
- Poulin, M. J.**, Holman, E. A., & Buffone, A. E. K.* (2011, May). The neurogenetics of nice: Oxytocin and vasopressin receptor genes and prosocial behavior. In M. J. **Poulin** (Chair), *Moving beyond self interest: The psychobiology of prosocial motivation*. Symposium conducted at the Association for Psychological Science Convention, Washington, DC.
- NOTE: Author chaired this symposium.
- Poulin, M. J.** (2009, November). Evolutionary perspectives on social support: A preliminary investigation of hedonic and non-hedonic mechanisms. In L. Jaremka & N. Collins

- (Chairs), *The kaleidoscope of social support: Interdisciplinary perspectives on social support processes in close relationships*. Symposium conducted at the International Association for Relationship Research Mini-conference on New Directions in Research on Close Relationships, Lawrence, KS.
- Poulin, M. J.** (2009, February). Caring and longevity: Helping others, stress buffering, and mortality. In M. **Poulin** (Chair), *Doing well by wanting to do good: Personal benefits of prosocial motivation*. Symposium conducted at the annual meeting of the Society for Personality and Social Psychology, Tampa, FL. NOTE: Author chaired this symposium.
- Poulin, M. J.** (2008, November). Societal and political outcomes of 9/11: 9/11-related distress and support for aggressive U.S. policies. In R. Silver (Chair), *The long-term consequences of terrorism: Findings from clinical and population-based studies*. Symposium conducted at the annual meeting of the International Society for Traumatic Stress Studies, Chicago, IL.
- Poulin, M. J.** (2008, February). Are perceived relationships with a deity linked to the human caregiving system? Presented at the University of Michigan Evolution and Human Adaptation Program Seminar Series, Ann Arbor, MI.
- Poulin, M. J.** (2008, February). Religion and belongingness: Potential health benefits of “giving” to a deity. In C. Frantz (Chair), *Alternative ways to maintain a subjective sense of belonging*. Symposium conducted at the annual meeting of the Society for Personality and Social Psychology, Albuquerque, NM.
- Poulin, M. J.** (2008, January). Everybody Hurts Sometimes: Motivation and adjustment to adversity across the life span. Presented at the Skidmore College Department of Psychology, Saratoga Springs, NY.
- Poulin, M. J.** (2008, January). Trauma and the social animal: The role of prosocial beliefs and behaviors in adjustment to adversity. Presented at the University at Buffalo, SUNY Department of Psychology, Buffalo, NY.
- Poulin, M. J.** (2007, October). Religion's role in promoting investment in others. Presented at the University of Michigan Decision Consortium Seminar Series, Ann Arbor, MI.
- Poulin, M. J.** (2006, October). Another look at mortality and worldviews: World benevolence beliefs, aging and bereavement. Presented at The Fifth Annual International Positive Psychology Summit, Washington, DC.
- Poulin, M. J., Silver, R. C., Gil-Rivas, V., Holman, A., & McIntosh, D. N.** (2006, August). Benefits for Whom? Perceptions of Social Benefits of the 9/11 Attacks. In C. Park (Chair), *Growth and meaning following the September 11th terrorist attacks*. Symposium conducted at the annual convention of the American Psychological Association, New Orleans, LA.
- Poulin, M. J.** (2005, June). Making sense of the senseless: Worldviews and adjustment to negative life events. Presented at the Positive Psychology Summer Institute, Philadelphia, PA.
- Silver, R. C., Holman, E. A., McIntosh, D., **Poulin, M. J., & Gil-Rivas, V., & Pizarro, J.** (2005, May). A nationwide longitudinal study of responses to the 9/11 terrorist attacks. In Y. Neria (Chair), *The long term psychological aftermath of 9/11-related traumatic loss*. Symposium conducted at the annual meeting of the American Psychiatric Association, Atlanta, GA.
- Holman, E. A., Silver, R. C., McIntosh, D., **Poulin, M. J., & Gil-Rivas, V.** (2003, October). A longitudinal study of time perceptions and adjustment after 9/11. In G. Marshall (Chair),

- Early cognitive predictors of posttraumatic distress following trauma.* Symposium conducted at the annual meeting of the International Society for Traumatic Stress Studies, Chicago, IL.
- Gil-Rivas, V., Silver, R., Holman, E. A., McIntosh, D., & **Poulin, M. J.** (2003, May). Coping with the events of September 11th: A longitudinal study of adolescents and their parents. In L. Butler (Chair), *The psychological impact of 9/11: Results from five major studies*. Symposium conducted at the annual meeting of the American Psychiatric Association, San Francisco, CA. (Also presented at the meeting of the Society for Research in Child Development, Tampa FL, April, 2003.)
- McIntosh, D.N., Silver, R.C., Holman, E.A., **Poulin, M. J.**, & Gil-Rivas, V. (2003, May). Coping, religion, and well-being: Nationwide longitudinal study of psychological responses to September 11th. Paper presented at University of Colorado Health Sciences Center Developmental Psychobiology Spring Conference, Denver, CO.
- Silver, R. C., Holman, E. A., McIntosh, D. N., **Poulin, M. J.**, & Gil-Rivas, V. (2003, February). A national longitudinal study of responses to the 9/11 attacks: Early coping responses predict psychological outcomes. In L. J. Skitka (Chair), *The expulsion from Disneyland: Understanding the psychological impact of terrorism*. Symposium conducted at the annual meeting of the Society for Personality and Social Psychology, Los Angeles, CA.
- Holman, E.A., Silver, R.C., McIntosh, D., **Poulin, M. J.**, & Gil-Rivas, V. (2002, November). A national longitudinal study of responses to the 9/11 attacks. In G. Marshall (Chair), *Psychological reactions to the 9/11 terrorist attacks*. Symposium conducted at the annual meeting of the International Society for Traumatic Stress Studies, Baltimore, MD.

Refereed Poster Presentations

- Ministero, L. M., & **Poulin, M. J.** (January, 2016). *Do you feel softhearted or are you driven to help? Affect and valuing as separable components of compassionate responding*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Diego, CA.
- Ministero, L. M., & **Poulin, M. J.** (January, 2016). *Good enough to help: Empathic concern increases positively-biased self-descriptions*. Poster presented at the Self & Identity preconference at the annual meeting of the Society for Personality and Social Psychology, San Diego, CA.
- Buffone, A. E. K.* & **Poulin, M. J.** (2015, May). *Perspective-taking and the biopsychosocial model of challenge and threat: Effects of imagine-other and imagine-self perspective-taking on active goal pursuit*. Poster presented at the annual meeting of the Association for Psychological Science, New York, NY.
- Ministero, L. M., & **Poulin, M. J.** (2015, February). When does compassion collapse? Perspective taking facilitates compassion for groups. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Long Beach, CA.
- DeLury, S. S., & **Poulin, M. J.** (2015, February). Compassion is (partially) selfless: Differential activation of component self-concepts following compassion and threat. Poster presented

- at the annual meeting of the Society for Personality and Social Psychology, Long Beach, CA.
- Lim, D.* & **Poulin**, M. J. (2013, January). Lifetime adversity and prosocial behavior: A sense of closeness to others in need. Poster presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- Buffone, A. E. K.* & **Poulin**, M. J. (2013, January). Day-to-day variability in generalized trust predicts victim derogation and perceptions of personal threat. Poster presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- DeLury, S. S.*, & **Poulin**, M. J. (2013, January). Smiling in the face of death: Mortality salience increases vigilance for worldview-irrelevant positive words. Poster presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- DeLury, S. S.*, & Poulin, M. J. (2012, January). Complex effects of compassion on evaluations of a competing third party. Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Diego, CA.
- Orion, J. T., **Poulin**, M.J., Friedman, H., & Silver, R.C. (2012, January). After darkness, light: Adverse life experience and prosocial behavior. Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Diego, CA.
- Buffone, A. E. K.*, Gabriel, S. K., & **Poulin**, M. J. (2012, January). But for the grace of God: Counterfactuals influence religious beliefs and images of the divine. Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Diego, CA.
- Buffone, A. E. K.* & **Poulin**, M. (2011, January). Killing them with kindness: Compassion's association with aggressive responses to those who threaten loved ones. Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Antonio, TX. [Graduate Poster Award Finalist]
- Poulin**, M., Holman, E. A., & Buffone, A. E. K.* (2011, January). The neurogenetics of nice: Oxytocin and vasopressin receptor genes interact with threat to predict political ideology. Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Antonio, TX.
- Poulin**, M. (2010, January). *Receptor genes for oxytocin (OXTR) and vasopressin (AVPR1a) predict interpersonal trust and belief in a just world*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Las Vegas, NV.
- Poulin**, M. (2009, November). *What drives prosocial aggression? Predictors of the desire to aggress in defense of another*. Poster presented at the International Association for Relationship Research Mini-Conference at the University of Kansas, Lawrence, KS.
- Barker, J., Blum, S., Silver, R. C., & **Poulin**, M. J. (2008, April). *Justice beliefs 5 years after September 11th: Results of a nationwide study*. Poster presented at the annual meeting of the Western Psychological Association, Irvine, CA.
- Haase, C. M., Heckhausen, J., **Poulin**, M. J., & Chang, E. S. (2007, April). *Individual control striving and adaptive development during the school-to-work transition: Findings from two longitudinal studies in Germany and the US*. Poster presented at the Jacobs Foundation Conference on Transition from School to Work, Marbach, Germany.
- Poulin**, M. J., & Poulin, J. (2007, January). *Tend and defend? Territory may buffer stress among human males*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Memphis, TN.
- Poulin**, M. J. (2006, January). *Life events and worldviews: Bereavement predicts*

- increased perceptions of world benevolence*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Palm Springs, CA.
- McIntosh, D. N., **Poulin**, M. J., & Silver, R. C. (2005, August). *Individual and social aspects of religion and adjustment to 9/11*. Poster presented at the annual meeting of the American Psychological Association, Washington, DC.
- Scott, S. B., **Poulin**, M. J., & Silver, R. C. (2005, August). *A lifespan perspective on terrorism: Age differences in trajectories of response to the September 11th attacks*. Poster presented at the Summer Training on Aging Research Topics - Mental Health (START-MH) Conference, San Diego, CA.
- Bennett, S., Silver, R.C., Holman, E. A., McIntosh, D. N., **Poulin**, M. J., Gil-Rivas, V., Suvak, M., Maguen, S., & Litz, B. T. (2003, October). *The influence of prior traumatic loss and other traumas on posttraumatic symptomatology following the 9/11 terrorist attacks*. Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, Chicago, IL.
- Poulin**, M. J., Silver, R.C., McIntosh, D.N., Holman, E.A., Gil-Rivas, V. (2003, October). *Perceptions of world benevolence and well-being across the life span*. Poster presented at International Positive Psychology Summit, Washington, DC. (Above also presented at the 2003 UC/APA Health Psychology and Aging Conference, Lake Arrowhead, CA.)
- McIntosh, D.N., **Poulin**, M. J., Silver, R.C., Holman, E.A., Gil-Rivas, V. (2003, April). *Religion, well-being, and distress in the year following 9/11: A nationwide longitudinal study*. Poster presented at conference of the International Center for the Integration of Health and Spirituality, Bethesda, Maryland.
- Poulin**, M. J., Silver, R.C., McIntosh, D.N., Holman, E.A., Gil-Rivas, V. (2002, October). *Towards happy realism: Questioning the "Sadder-but-Wiser" assumption in beliefs about the self and the world post-9/11*. Poster presented at International Positive Psychology Summit, Washington, DC.
- Hawkins, N. A., Silver, R. C, Holman, A. E., Gil-Rivas, V., **Poulin**, M. J., & Ditto, P. H. (2002, April). *Anticipated and actual affective reactions to traumatic life events: Over- and under- estimation in affective forecasting*. Poster presented at the annual meeting of the Western Psychological Association, Irvine, CA.
- Poulin**, M. J., & Silver, R.C. (2000, December). *The varieties of worldviews post-trauma: Questioning theoretical assumptions*. Poster presented at UC Health Psychology Conference, Lake Arrowhead, CA.

SERVICE

Professional Public Service

Journal Editorial Board Member

Self and Identity

Reviewer for the following journals:

Psychological Bulletin

Psychological Science

Journal of Personality and Social Psychology

Personality and Social Psychology Bulletin
Journal of Experimental Social Psychology
Social Psychological and Personality Science
Journal of Personality
Basic and Applied Social Psychology
Psychology and Aging
Journal of Gerontology: Psychological Sciences
Journal of Social and Clinical Psychology
Journal of Traumatic Stress

Organizer of symposia:

- Poulin**, M. J. (2011, May). *Moving beyond self interest: The psychobiology of prosocial motivation*. Symposium conducted at the Association for Psychological Science Convention, Washington, DC.
- Poulin**, M. J. (2009, February). *Doing well by wanting to do good: Personal benefits of prosocial motivation*. Symposium conducted at the annual meeting of the Society for Personality and Social Psychology, Tampa, FL.

University Service

2015-present	Chair, Policy and Planning Committee, Department of Psychology
2014-2015	Policy and Planning Committee, Department of Psychology
2011-2014	Grievance Committee, Department of Psychology
2009-2012	Graduate Admissions Committee, Department of Psychology
2009-2011	Graduate Studies Committee, Department of Psychology

Community service

Invited to speak with media outlets and community groups about psychological research:

On helping behavior and health: **Magazines** including *Allure*, *First*, *Fitness*, *Health*, the *UB Spectrum*, the *Chicago Tribune*; **Radio** including the *Academic Minute* (national); **Online** including ABC News, the *Atlantic*, and greatergood.org

On the genetics of prosocial behavior: **Magazines** including *Corrieo Brasiliense* (Brazil), *Le Monde d'Intelligence* (France); **Radio** including the BBC; **Online** including CNN, CBS News, and WebMD.

On the psychological consequences of being a caregiver: AARP magazine, Daily Health News online

On the aftermath of the 9/11 attacks: the *Los Angeles Times* and an invited talk at the Hayes Society at the University at Buffalo (September, 2011).

*On the rescue of trapped miners in Chile: **Radio** including WNED (Buffalo) and Minnesota Public Radio; **Television** including MSNBC.*

TEACHING

Courses Taught

PSY 101: Introductory Psychology
PSY 480/481/485: Stress and Coping
PSY 607: Advanced Statistics Methods
PSY 613: Data Analysis (*now replaced by PSY 607*)
PSY 616/865: Prosocial Motivation

Doctoral/Masters Thesis/Project Committees (*Chaired)

Dara Babinski, Department of Psychology, University at Buffalo (completed 2013)
Rachel Bachrach (Ph.D), Department of Psychology (completed 2015)
Adam Booth (MA), Department of Psychology (completed 2013)
*Anneke Buffone (Ph.D), Department of Psychology (completed 2015)
Bill Calabrese (Ph.D), Department of Psychology
Jenna Dellaccio (MA), Department of Psychology (completed 2013)
Sarah Haas (Ph.D), Department of Psychology, University at Buffalo (completed 2014)
Kristine Kent (Ph.D), Department of Psychology, University at Buffalo
Courtney Motschman (Ph.D.), Department of Psychology, University at Buffalo
Shraddha Prabhu (Ph.D), School of Social Work, University at Buffalo (completed 2015)
Monica Rudick (Ph.D), Department of Psychology (completed 2016)
Patrice Seyed, Department of Computer Science, University at Buffalo
Chung-I Su (Ph.D), Department of Psychology (completed 2012)
Katelyn Thomas (Ph.D), Department of Psychology (completed 2014)
Jennifer Wray (Ph.D), Department of Psychology (completed 2013)
Paula Yanes (Ph.D.), Department of Psychology, University at Buffalo (completed 2012)
Tom Yufik (Ph.D.), Department of Psychology, University at Buffalo (completed 2010)
Jennifer Zehe (Ph.D.), Department of Psychology, University at Buffalo

Undergraduate Honors Committees (*Chaired)

*Josh Barback, Department of Psychology (completed 2013)
*Victoria Kent, Department of Psychology (completed 2015)
*Daniel Lim, Department of Psychology (completed 2013)
Michele McNerney, Department of Psychology (completed 2009)
*Lauren Ministero, Department of Psychology (completed 2011)
*Emily Mroz, Department of Psychology (completed 2015)
Bryan Sim, Department of Psychology (completed 2012)
*Emilee Valler, Department of Psychology (completed 2013)