TMD BIOBEHAVIORAL ASSESSMENT
AXIS II: SCORING PROTOCOL FOR GRADED CHRONIC PAIN

Patient Name/Case #: _______________________________

ANY TMD PAIN REPORTED IN THE PRIOR MONTH? (History Questionnaire, Question 3)

If NO, Chronic Pain Grade = 0
If YES, Continue

CHARACTERISTIC PAIN INTENSITY (CPI): (CGP Scale, Questions 1, 2 and 3) Calculate as follows:

\[
CPI = \frac{\text{Question #1.} + \text{Question #2.} + \text{Question #3.}}{3} \times 10
\]

DISABILITY POINTS:

Disability Days: (GCP Scale, Question 7) Disability Score: (GCP Scale, Questions 4, 5 and 6)

\[
\text{Number of Disability Days} = \frac{\text{Question #7.}}{3} \times 10
\]

\[
\text{Score of 0-29} = 0 \text{ Disability Points} \\
\text{Score of 30-49} = 1 \text{ Disability Point} \\
\text{Score of 50-69} = 2 \text{ Disability Points} \\
\text{Score of 70+} = 3 \text{ Disability Points}
\]

\[
\text{(Points for Disability Days)} + \text{(Points for Disability Score)} = \text{(DISABILITY POINTS)}
\]

CHRONIC PAIN GRADE CLASSIFICATION:

Grade 0 No TMD pain in prior 6 months
Low Disability

Grade I Low Intensity Characteristic Pain Intensity < 50, and less than 3 Disability Points
Grade II High Intensity Characteristic Pain Intensity ≥ 50, and less than 3 Disability Points

High Disability

Grade III Moderately Limiting 3 to 4 Disability Points, regardless of Characteristic Pain Intensity
Grade IV Severely Limiting 5 to 6 Disability Points regardless of Characteristic Pain Intensity