

SNAP:

Supplemental Nutrition Assistance Program

The Supplemental Nutrition Assistance Program (SNAP) is a federal government program that provides food-purchasing assistance for low- and no-income persons to help them maintain adequate nutrition and health. A report by the US Government Accountability Office found that an estimated 59% of SNAP eligible college students in 2020 did not utilize the program. On campus application assistance is available for selected dates. [Sign up on Navigate!](#)

To be eligible for SNAP you must meet the following requirements:

- You are a U.S. Citizen or Green Cardholder for 5 years or more or asylee or have refugee status.
- You have fewer than 10.5 meals a week on a meal plan or no meal plan at all.
- You meet one of the following work requirements:
 - Completing hours (any number) in the Federal Work-Study program **OR**
 - You are employed 20h+/week in other employment.*
- You meet the income eligibility requirements in the chart below.

NOTE: If you do not meet the work requirement, you may be eligible if one of the criteria below apply to you:

- You are responsible for care of a household member who is under the age of 6 or incapacitated.
- You are a single parent with responsibility for the care of a dependent child under age 12.
- You receive Unemployment Insurance Benefits (UIB) through 599.
- You have a medical or mental health condition that prevents you from working. This must be verified by a doctor's statement, disability benefit receipt, or a completed form from a health provider.

Household Size	Maximum SNAP Benefit Allotment	Maximum Income Requirements
		Gross Monthly Income
1	\$298.00	\$1,696.00
2	\$546.00	\$2,292.00
3	\$785.00	\$2,888.00
4	\$994.00	\$3,483.00
5	\$1,183.00	\$4,079.00
6	\$1,421.00	\$4,675.00
7	\$1,571.00	\$5,271.00
8	\$1,789.00	\$5,867.00
Each additional member	(+) \$218	(+) \$596

****If you are paying for childcare or have a household member who is disabled or over 60 years of age, you may have higher gross income and still qualify. ****

* **Note:** Work-Study income does not count towards income eligibility requirements.

On-Campus Resources

Career Design Center

259 Capen Hall, 645-2231

- Bullseye powered by Handshake is a source for employment and internships.
- Find employment opportunities on campus. Campus Dining and Shops has many jobs that include a meal with your shift.

🔍 buffalo.edu/career/bullseye

Emergency Funds

- Unanticipated circumstances can prevent students from continuing their education and achieving academic success. UB has some resources available to help.

🔍 buffalo.edu/studentlife/emergency-funds

Veggie Van

(School of Public Health and Health Professions)

- From farm to campus, UB Veggie Van offers a 20% student discount on in-season, locally grown produce and grocery staples.
- 50% discount on fruits and vegetables with SNAP.

🔍 publichealth.buffalo.edu/veggievan

Health Promotion

114 Student Union, 645-6940

- “Snacking Tuesdays” Fruit Bowls (free)
- Cooking workshops: Easy Meals (see UBLinked; free)
- Becker Farms CSA Fruit/Vegetable Share (June – Oct.) 50% off with SNAP
- Meal ideas, nutrition counseling and questions
- Offers on-campus SNAP application assistance appointments. Students in work-study positions or employed 20h or more/week in other employment may be eligible to apply.

🔍 buffalo.edu/studentlife/wellness

Blue Table

- A food pantry for UB students with unanticipated circumstances.

🔍 buffalo.edu/blue-table

