

College Students may be eligible for SNAP

Supplemental Nutrition Assistance Program (SNAP) can help buy healthy food when money is tight. SNAP benefits can supplement, though not fully cover, the monthly cost of food. A recent report estimated of all students eligible for SNAP, 59% are not receiving benefits.

To be eligible to apply, college students must meet **ALL** of the following criteria:

- Must be a US Citizen or have a Green Card for 5 years
- Have a student meal plan that covers 10.5 meals or less, or have no meal plan at all
- Must meet [SNAP income requirements](#)

Additionally, college students must meet **only ONE** of the following criteria:

- Participate in a state or federally financed Work Study program
- Work at least 20 hours a week in paid employment or self-employed making the equivalent of at least 20h of minimum wage
- Be a single parent enrolled full time responsible for a child under the age of 12
- Be responsible for care of a household member who is under the age of 6 or incapacitated

The full list of exemptions is [here](#) (see “What are the student exemptions for SNAP”)

To Apply ON-CAMPUS with Local SNAP Coordinator:

Fall 2025 SNAP Appointments

Our Erie County Nutrition Outreach Education Program Coordinator, Kelly Ann Kowalski, will be on campus to provide application assistance for SNAP.

December 4 (Thursday)

December 11 (Thursday)

Time: 10am to 2pm (with lunch break). Appointments are 20 minutes. Last appointment 1:40pm.

Location: Health Promotion, 114 Student Union

To schedule in Navigate for on-campus SNAP application assistance, click on “[How to Apply](#)”

Bring **Printed Copies** of the following documents to your appointment:

- Driver’s license or non-driver’s license picture ID or passport
- Social Security card (*NOTE: SS# should never be sent via email*)
- Green Card (if held >5 years), as applicable
- Rent Lease or printed receipt from landlord
- Heating bill
- Employment Documentation:
 - **Work Study** – Contact [Human Resources](#). Request formal documentation of your Work Study employment. Or ask your supervisor to write a letter indicating you are

completing your Federal Work Study in their office, range of hours/week, and date. This letter should be signed and on department letterhead.

- **Other Employment** – Employment verification with supporting documents, such as four pay stubs, W2, etc. Documents must be current (e.g. last four weeks).
- **Meal Plan** Documentation: Log in to GET App. Take a screenshot of your meal plan. Save and download.
- **Rent and Proof of Address** Documentation:
 - On-Campus: (two documents)
 - Email [Campus Living](#) to request an *address verification*.
 - Print your housing bill with your name, address and room & board. Access QuickPAY through the Financial Aid portal in HUB.
 - Off-Campus:
 - Copy of Lease document that includes your name, rent, and dates.
 - Copy of heating bill.

**YOU MUST BRING PRINTED COPIES OF YOUR DOCUMENTS TO
YOUR APPOINTMENT! Thank you!**

For

questions or more information:

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To Apply Online

[Overview](#) of the process

[Apply for SNAP and check your eligibility](#) for other benefits

First choose “Am I eligible” – checks eligibility for heat assistance, health insurance, etc.

Then choose “New Users” to apply. Choose “Returning Users” If you have an account with NY state. The local SNAP office can help you if you have trouble getting the necessary documents.

Documents needed to apply:

- Recent pay stubs
- List of household resources
- Current rent/mortgage statement
- Current property tax bill
- Current homeowner’s insurance bill
- Social Security card

[Document options](#)

Use [NYdocsubmit app](#) to take a photo of document, enter identifying info, and upload it. Note: the sequence may not match exactly the order of the application.

[FAQs](#)

Additional Food Resources:

- [Blue Table](#) – UB’s on-campus food pantry, for unanticipated food insecurity.
- [The Veggie Van](#) (School of Public Health) –
 - **Farmer’s Market** - discounted fruits & vegetables. North campus W 1-3:30pm, outside Capen. South campus Th, 2-4pm, outside Diefendorf. Sign up for newsletter and dates.
- [Becker Farm CSA](#) (Health Promotion) – weekly farm share, mid-June through October. \$20 for a mini share, enough for 1-2 people/week. Pick up North Campus Th 2-5pm.
 - *Half off for anyone who receives SNAP!*
- [Food Pantry Locator](#)

For questions and more information:

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