



The Counseling Centers of New York (CCNY) present:



35TH ANNUAL CONFERENCE AT BUFFALO STATE

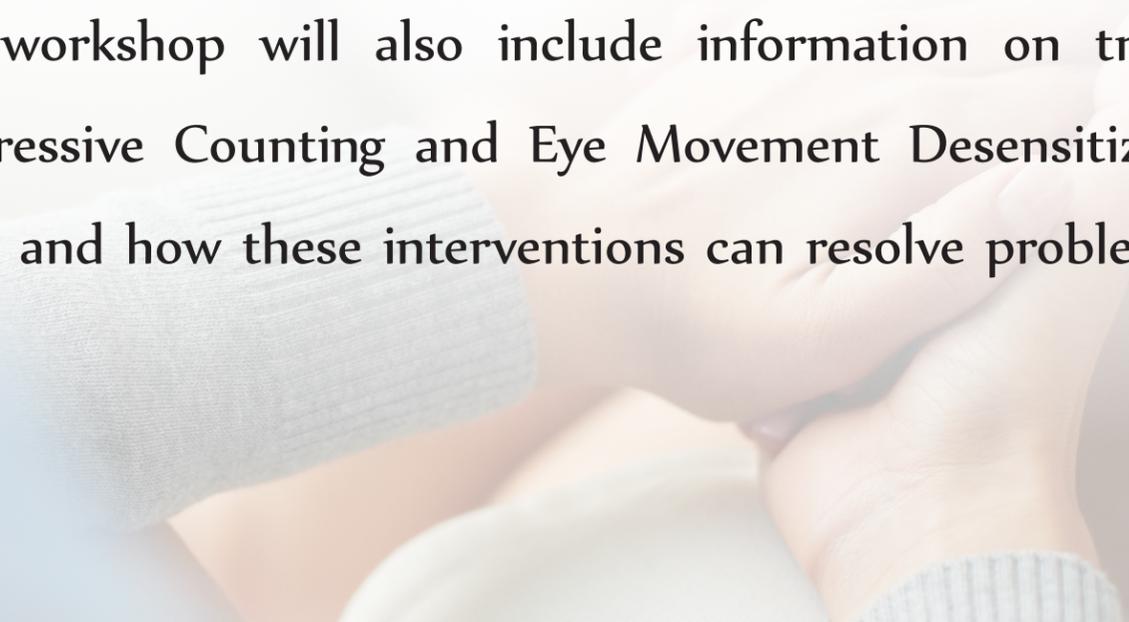
Wed, June 7th, 10:00 am -4:30 pm
Campbell Student Union, Social Hall

Understanding How Traumatic Events Impact our College Students

As practitioners or helping professionals, we find ourselves faced with challenging college students who struggle to move forward while other students improve from our interventions. These students might be self-destructive, passive-aggressive, unmotivated and difficult to work with and help succeed.

Being familiar with trauma symptoms, attachment disorders and dissociative reactions will help the professional shift their thinking and take a different approach. This workshop will provide participants with trauma information, a chance to learn and practice in the workshop, a motivational technique called Future Movies, and 10 soothing and grounding techniques to manage dissociative symptoms.

You will also utilize a trauma case consultation formation for one of your most challenging clients. This workshop will also include information on trauma resolution methods: Progressive Counting and Eye Movement Desensitization and Reprocessing (EDMR) and how these interventions can resolve problematic behaviors.



Objectives

- ❖ Understand how traumatic events contribute to client's reactivity, symptoms, and problematic behaviors.
- ❖ Explain how disrupted attachment leads to dissociation and choose appropriate interventions.
- ❖ Increase motivation by learning an intervention called Future Movies.
- ❖ Apply 10 effective grounding and soothing tools to manage dissociation and hyperarousal in and out of session so as to enhance the client's sense of safety.
- ❖ Apply a model for trauma-informed case consultation to one of your most challenging cases.
- ❖ Increasing your knowledge about trauma resolution, including learning about Progressive Counting, EMDR, and Intensive Retreats.
- ❖ Learn how to conduct a Trauma History.

Bio: Elizabeth Davis, MFA, MS, ATRBBC, LCAT



Elizabeth Davis, MFA, MS, ATRBBC, LCAT, is a board certified and NYS licensed art therapist with over 18 years' experience working with at risk youth, families, and adults in WNY. Elizabeth has extensive training in Play Therapy and was a past Board member for the NYS Association of Play Therapy. She is EMDR certified, a Consultant through EMDRIA and a Certified Consultant through the National Institute for Trauma and Loss in Children. Elizabeth is Level One certified in Sensorimotor Psychotherapy by the Sensorimotor Psychotherapy Institute. Currently, Elizabeth serves as the Director of the new Trauma Institute & Child Trauma Institute (TI & CTI) satellite in Buffalo, NY. Its parent location is in Northampton Massachusetts, under the founder and executive directorship of Ricky Greenwald, PsyD, a well-known therapist and researcher in the field of EMDR and trauma. In this capacity, Elizabeth is involved with training, outcome studies, trauma therapy, and conducts intensive trauma therapy retreats (a new model of therapy for trauma recovery).

Bio: Annie Monaco, LCSWR



Annie Monaco is a Licensed Clinical Social Worker and a faculty member of the Child Trauma Institute & Trauma Institute. Annie travels extensively throughout the US and internationally providing a multitude of trauma-informed trainings and agency and therapist consultation. Annie is a trainer of EMDR, Progressive Counting and STAR (Strategies for Trauma Awareness and Resiliency). Annie has over 25 years of experience serving children, teens, families and adults. She is a trauma therapist and has extensive training in complex trauma, family therapy, and play therapy. Her private practice includes a multitude of behaviors and issues including foster care, out of country adoptions, juvenile justice and dissociation. Her work also includes being a field liaison for the University at Buffalo School of Social Work.

Contact Hours for NYSED LMSW, LCSW & LMHC: 5.25 live in-person contact hours approved.

NYSED LMSW/LCSW Contact Hours: Offered in collaboration with the University at Buffalo School of Social Work, Office of Continuing Education; recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0001. Full attendance is required for each session; no partial credit will be awarded for partial attendance. 5.25 live in-person contact hours are approved.

NYSED LMHC Contact Hours: Offered in collaboration with the University at Buffalo School of Social Work, Office of Continuing Education; recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health practitioners #MHC-0008. Full attendance is required for each session; no partial credit will be awarded for partial attendance. 5.25 live in-person contact hours are approved.

New York Marriage and Family Therapists: Offered in collaboration with the UB School of Social Work Office of Continuing Education; recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed marriage and family Therapists #MFT-0007. 5.25 live in-person contact hours are approved.
