

Pia Marina Montenegro

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EDUCATION

University at Buffalo - SUNY, Buffalo, NY
Clinical Psychology Doctoral Program
Advisor: Julie Bowker, PhD

August 2025 - Present

Emory University, Atlanta, GA

May 2023

Bachelor of Science in Psychology with Highest Honors, *Summa Cum Laude*

Honors Thesis: *Dimensions of Perfectionism and their Relationships with Mental Health Presentation and Culture*

Advisors: Allison LoPilato, PhD, and Hillary Rodman, PhD

PUBLICATIONS

Gladstone, T.R.G., Pössel, P., Lefaiver, C., Berg, K.L., Kenan, K., Buchholz, K.R., Mihaila, I., Fitzgibbon, M.L., Sheppard, B., Gussin, H.A., Joyce, C., Khan, H., Canel, J., Gerges, M., Berbaum, M., Schiffer, L., Diviak, K., Lowther, M., Feinstein, R.T., Knepper, A., Plunkett, E., Lashway, K., **Montenegro, P.M.**, Kane, A., Liu, Y., Thornton, A., Powell, E., Pela, E., Patriarca, C., McHugh, A., Chong, M., Rusiewski, C., Kabasele, S., Shi, A., Ryczek, P., Rasinski, K., Van Voorhees, B.W. (2025). A Whole-of-Society Approach to Depression Prevention during the Global Pandemic: Preliminary Data from Three Large-Scale Trials, *Journal of Consulting and Clinical Psychology*, 93(4), 238–251. <https://doi.org/10.1037/ccp0000938>

PRESENTATIONS

Gladstone, T.R.G., Meinzer, M., **Montenegro, P.M.**, Van Vorhees, B.W. *Preventing Adolescent Depression through an Internet-Based Primary Care Intervention: A Qualitative Examination of Adolescents' Intervention Response*. [Conference presentation] 2025 Global Consortium Depression Prevention Meeting and Symposium, Groningen, The Netherlands.

Montenegro, P.M., Gladstone, T.R.G., Van Vorhees, B.W. *Racial and Ethnic Differences in the Expression of Depression Symptoms among Adolescents*. [Poster presentation] 2025 Anxiety & Depression Association of America Annual Meeting, Las Vegas, NV, USA

Kenan, K., Gladstone, T., Rusiewski, C., Kabasele, S., McCoy, H., McDade, W.A., Morgan, D.M., **Montenegro, P.M.**, Fitzgibbon, M.L., Schiffer, M., Berbaum, M.L., Van Voorhees, B.W., Martin, M. *Youth Often Underrepresented But Matter: The YOU Matter Study*. [Poster presentation] 2025 Pediatric Academic Societies Meeting.

Montenegro, P.M., Liu, Y., Van Vorhees, B.W., Gladstone, T.R.G (2024, May). *Optimizing the CATCH-IT Program for Depression Prevention: A Comparison of Recruitment Strategies*. [Poster presentation] 2024 Annual Meeting of the Society for Prevention Research, Washington DC, USA

Montenegro, P. (2023, April). *The Relationships between Perfectionism, Mental Health, and Culture*. [Poster presentation] Emory Psychology Undergraduate Research Symposium, Atlanta, GA, USA

Montenegro, P., Nikain N., Sowards, S., Zipin, R. (2021, November) *The Relationship Between Exercise Intensity and Stress*. [Poster presentation] Emory Psychology Undergraduate Research Symposium, Atlanta, GA, USA

RESEARCH EXPERIENCE

Senior Research Assistant

July 2023 - Present

Hassenfeld Child Health Innovation Institute

Brown University School of Public Health, Providence, RI

Primary Care Based Depression Prevention in Adolescents: Intervention Optimization in Preparation for Implementation Study (R01 MH124723)

Principal Investigators: Tracy Gladstone, PhD and Benjamin Van Vorhees, MD, MPH

- Coordinate screening and assessment procedures and oversee data collection in REDCap
- Consented participant families for screening in English and Spanish
- Assess adolescent psychopathology and suicide risk (PHQ-9, MINI-KID, Suicide Ideation and Intent Scales) and provided follow-up and recommendations to parents in English and Spanish
- Conduct research and administrative duties, including quantitative data analysis, IRB management, literature reviews, presentations, and manuscript preparation
- Train and monitor undergraduate and graduate students

Primary Care Internet-Based Depression Prevention for Adolescents (R01 MH090035)

Principal Investigators: Tracy Gladstone, PhD and Benjamin Van Vorhees, MD, MPH

- Assess adolescent psychopathology and suicide risk (PHQ-9, MINI-KID, Suicide Ideation and Intent Scales) and provided follow-up and recommendations to parents in English and Spanish
- Conduct research and administrative duties, including quantitative data analysis, IRB management, literature reviews, presentations, and manuscript preparation

BEhavioral Health Stratified Treatment (BEST) to Optimize Transition to Adulthood for Youth with IDD

Principal Investigators: Kristin Berg, PhD, A.M., LSW and Benjamin Van Vorhees, MD, MPH

- Assess adolescent psychopathology and suicide risk (PHQ-9, GAD-7, MINI-KID, C-SSRS)
- Deliver adapted self-report surveys to youth with high support needs
- Manage and submit IRB paperwork

Trends in Adolescent Anxiety and Depression over Time

Principal Investigator: Tracy Gladstone, PhD

- Manage data import, export, and collection in Qualtrics and REDCap
- Update Python code for converting Qualtrics raw data for REDCap import
- Develop data reports and presentations for school districts and Blue Cross Blue Shield of RI
- Developed a data repository and conduct qualitative coding of past clinical interviews
- Designed and manage Mood Check website

Honors Thesis Student

May 2022 – May 2023

Department of Psychology

Emory University, Atlanta, GA

Dimensions of Perfectionism and their Relationships with Mental Health Presentation and Culture

Advisors: Allison LoPilato, PhD, and Hillary Rodman, PhD

- Developed and submitted an original IRB protocol
- Created survey self-reports in Google Forms
- Recruited student participants from clubs, organizations, and SONA
- Conducted multiple linear regression, ANOVA, and moderation analysis in R

Research Assistant

July 2021 – May 2023

Research on Experiences & Affect in Children and Teens (REACT) Lab

Emory University, Atlanta, GA

Multi-Level Mechanisms of Emotion Regulation Selection Strategy in Adolescents (K23 MH123816)

Principal Investigator: Allison LoPilato, PhD

- Assessed adolescent psychopathology and suicide risk (MINI-KID, C-SSRS)
- Monitored physiological data collection during visual, auditory, and social tasks (ECG, respiration)
- Trained and supervised other research assistants

Research Assistant

September 2022 – April 2023

Mood and Behavior Lab

Massachusetts General Hospital and Harvard Medical School, Boston, MA

Leveraging Computer Vision to Augment Risk Prediction (R21 MH127231)

Principal Investigators: Taylor Burke, PhD, and Thomas Serre, PhD

- Reviewed self-harm images and responses for validity (REDCap)

Clarifying Proximal Mechanisms Linking Interpersonal Stressors to Suicidal Behavior In Youth: A Multi-Informant Real-Time Monitoring Study (R01 MH12489)

Principal Investigators: Richard Liu, PhD, Evan Kleimen, PhD, and Catherine Glenn, PhD

- Developed data dictionaries in REDCap for several measures
- Wrote information sheets on measure purpose, scoring, reliability and validity, and references
- Created code for scoring, assessing internal consistency, and imputation in SPSS

CLINICAL EXPERIENCE

Educator

July 2023 – Present

Hassenfeld Child Health Innovation Institute

Brown University School of Public Health, Providence, RI

Mood Check: A School Screening Intervention

Program Director: Tracy Gladstone, PhD

- Delivered educational sessions to middle and high school students on depression, anxiety, and suicide prevention for a school-based universal mental health screening program across 17 schools in Massachusetts and in Rhode Island
- Met with adolescents who reported a past depressive episode or requested to speak to someone about themselves or a friend to assess for any current or past concerns

TEACHING EXPERIENCE

Undergraduate Teaching Assistant

January 2023 – May 2023

Department of Quantitative Theory and Methods

Emory University

QTM 200: Applied Regression Analysis

- Graded assignments, projects, and exams; provided feedback to students; answered student questions on grades and feedback.

HONORS

2021 - 2023

Member of the Psi Chi International Honor Society in Psychology, Emory Chapter

Spring 2023

Dean's List: Top 20% of Emory Undergraduate Class of 2023

Fall 2022

Dean's List: Top 20% of Emory Undergraduate Class of 2023

PROFESSIONAL AFFILIATIONS

2025 - Present

Student member of the Anxiety and Depression Association of America

2024 - Present

Student member of the Society for Prevention Research

LEADERSHIP & COMMUNITY INVOLVEMENT

May 2022 – May 2023	President of Emory Arts Club
August 2019 – May 2022	Treasurer of Emory Arts Club
August 2020 – May 2021	Anytime Campus Tutor - Emory