

Curriculum Vitae

Miriam T. Stotsky

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Education

- 2015 – Present Ph.D. in Clinical Psychology
University at Buffalo, SUNY, Buffalo, NY
Mentor: Julie Bowker, Ph.D.
- Dissertation:* Chronic illness and maladjustment during early adolescence: An examination of longitudinal, bidirectional, and peer-mediated pathways; Proposal defense passed 9/1/2020
Committee Chair: Julie C. Bowker, Ph.D.
Committee Members: Cathryn Booth-LaForce, Ph.D., Craig Colder, Ph.D., Lora Park, Ph.D., and Leonard Simms, Ph.D.
- 2015 – 2019 M.A. in Clinical Psychology
University at Buffalo, SUNY, Buffalo, NY
- Thesis:* Receiving prosocial behavior from peers: Examining the importance of positive peer group treatment to psychosocial outcomes
Committee Chair: Julie C. Bowker, PhD
Committee Members: Craig Colder, PhD
- 2012-2014 M.A. in Psychology
Teachers College, Columbia University, New York, NY
Mentor: Suniya Luthar, Ph.D.
- Thesis:* Risk, resilience, peer perceived popularity, and GPA in an affluent sample of adolescents
- 2008-2012 B.A. in Psychology, *Suma Cum Laude*
Syracuse University, Syracuse, NY

Academic Awards, Grants, & Honors

- May 2021 Excellence in Teaching Award for Graduate Teaching Assistants, University at Buffalo, SUNY
- June 2020 – Present Assistant Director, Psychological Services Center, University at Buffalo, SUNY
- Sept. 2018 – June 2020 Chief Extern, Children's Psychiatry Clinic, Oishei Children's Hospital
- 2015 – 2019 Dean's Fellowship, University at Buffalo, SUNY
- 2018 Emerging Scholar Travel Award, Society for Research in Adolescence
- 2017 Travel Award, Psychology Graduate Student Association, University at Buffalo, SUNY
- 2009 Allport Research Grant Recipient, Syracuse University

2008 – 2012 Dean's List, Syracuse University

Clinical Experience – Doctoral Training

2020 – Present **Assistant Director**

Psychological Services Center, University at Buffalo, SUNY

Supervisor: Sarah Taber-Thomas, Ph.D.

- Provide weekly supervision to junior student clinicians for psychotherapy and assessment cases
- Review and edit screen reports for new clients and determine appropriateness for the clinic
- Assist with clinic organization and operations (e.g., managing psychotherapy and assessment waitlists, stocking assessments, orienting junior student clinicians, etc.)
- Support clinic supervisors and student clinicians in provision of telehealth psychotherapy, assessment, and supervision during COVID-19 pandemic

2018 – 2020 **Psychology Extern/Student Clinician (pediatric track), Chief Extern**

Children's Psychiatry Clinic, Oishei Children's Hospital, Buffalo, NY

Supervisors: Christopher Fitzgerald, Ph.D.; Alex Cogswell, Ph.D.; Laura McArdell, Ph.D.;

Chelsey McCabe, Ph.D.

- Chief extern responsibilities: liaison between externs and clinical staff, organized extern schedules, led peer-to-peer supervision, provided extern feedback to training program
- Provided evidence-based individual psychotherapy (e.g., CBT, ERP, MET) to children, adolescents, and their families
 - Worked with a diverse range of clients presenting with anxiety disorders, depressive disorders, and adjustment difficulties related to chronic and acute medical illness
- Assisted and provided consultation/liason services for children, adolescents, and their families within Oishei Children's Hospital in the Behavioral Medicine Consultation clinic, pediatric endocrine department, and cystic fibrosis department
- Assisted with psychiatry consultation/liason services to assess suicide intent and risk for adolescents at Oishei Children's Hospital
- Co-led group therapy in the intensive outpatient program for adolescents with OCD
- Provided evidence-based assessments (e.g., WISC-V) for adolescents within the foster system as part of pre-adoption evaluations
- Provided statistical consultation for research projects conducted by the clinic's psychiatry fellows and research assistants

2016 – Present **Student Clinician**

Psychological Services Center, University at Buffalo, SUNY

Supervisor: Sarah Taber-Thomas, Ph.D. (current supervisor); Jack Anchin, Ph.D.; Stephanie Godleski, Ph.D.; John Roberts, Ph.D.; Leonard Simms, PhD; Stephen Tiffany, Ph.D.

- Provide evidence-based individual psychotherapy (e.g., CBT, ERP, ACT), family psychotherapy (e.g., PCIT, Behavioral Parent Training), and assessments (i.e., psychoeducational assessments, diagnostic assessments, personality assessments) to a diverse population of child, adolescent, adult, and family clients
 - Work with clients with a range of presenting concerns, including anxiety disorders, depressive disorders, OCD, personality pathology, and disruptive behavior disorders

- Administer screening interviews with potential adult clients to determine whether the clinic is the appropriate fit to address their presenting concerns
- Consult with teachers and attend individualized education plan (IEP) meetings

2016 – 2017 **Intervention Clinician**

Narrative Exposure Therapy Randomized Control Trial, University at Buffalo, SUNY

Supervisors: Jen Read, Ph.D., Carrie Hanson, Ph.D.

- Provided narrative exposure therapy (NET) to adolescent and young adult clients with PTSD who were living in a local homeless shelter as part of a randomized control trial evaluating the use of NET for individuals with complex trauma histories

Clinical Experience – Other

2014 – 2015 **Clinical Intake/Medical Scribe**

Langone Medical Center, New York University, New York, NY

Supervisor: Michael Stifelman, M.D.

- Assisted in medical intake and surgical follow-up interviews, facilitated patient-doctor interactions for patients seeking evaluation and treatment of urological and nephrological cancer

2011 – 2012 **Undergraduate Psychology Intern**

Hutchings Child/Adolescent Psychiatric Hospital, Syracuse, NY

Supervisor: Laura Bay, Ed.M.

- Member of multidisciplinary treatment team providing clinical services to children and adolescents with a range of presenting concerns, including depressive disorders, disruptive behavior disorders, trauma, developmental disorders, and psychosis
- Co-facilitated individual and group therapy, assisted in intake interviews, attended treatment team meetings, and assisted with educational activities on the unit

Peer-Reviewed Publications

Perry, K.J., Meisel, S., **Stotsky, M.T.**, & Ostrov, J. (2020). Parsing apart affective dimensions of withdrawal: Longitudinal relations with peer victimization. *Development and Psychopathology*, 1-13.

Bowker, J.C., **Stotsky, M.T.**, & White, H.I. (2020). Being an other-sex crush during early adolescence in India: Gender differences in the socio-behavioral and psychological concomitants. *Journal of Adolescence*, 90, 115-124.

Stotsky, M.T., Bowker, J.C., & Etkin, R.G. (2019). Receiving prosocial behavior: Examining the importance of positive peer group treatment to psychosocial outcomes. *Journal of Research on Adolescence*.

Stotsky, M.T., & Bowker, J.C. (2018). An examination of reciprocal associations between social preference, popularity, and friendship during early adolescence. *Journal of Youth and Adolescence*, 47, 1830-1841

Bowker, J.C., **Stotsky, M.**, & Etkin, R.G. (2017). BIS/BAS and psycho-behavioral variables that

further distinguish between social withdrawal subtypes during emerging adulthood. *Personality and Individual Differences*, 119, 283-288.

Gellis, L.A., Park, A., **Stotsky, M.T.**, & Taylor, D. J. (2014). Associations between sleep hygiene and insomnia severity in college students: Cross-sectional and prospective analyses. *Behavior Therapy*, 45, 806-816. doi:10.1016/j.beth.2014.05.002

In Progress Publications

Stotsky, M.T., & Bowker, J.C. (in preparation). Shyness and psychological difficulties during adolescence: The impact of friend shyness and self-silencing.

Stotsky, M.T., Bowker, J.C., & Thomas, K.K. (in preparation). Preference and popularity impact trajectories of psychological adjustment differently.

Bowker, J.C., **Stotsky, M.T.**, Etkin, R.G., Bowker, M.H., Kamble, S., & Navaindran, H. (in preparation). Ramifications of the caste system for young adolescent social withdrawal and associated outcomes in urban India.

Conference Paper Presentations

Bowker, J.C., White, H.I., & **Stotsky, M.T.** *Friendship break-ups are hard, especially for shy-withdrawn young adolescents*. In A. Gardner (Chair), *Teasing, breakups, and dominance: Longitudinal examinations of the impact of social relationships on adolescent psychopathology*. Society for Research on Adolescence Biennial Meeting, San Diego, CA, 2020. (Conference canceled)

Bowker, J.C., **Stotsky, M.T.**, & Etkin, R.G. *A new approach to studying the “ups” and “downs” in young adolescents’ friendships*. In J.C. Bowker (Chair), *A more detailed examination of friendship experiences in the lives of adolescents*. Society for Research in Child Development Biennial Meeting, Baltimore, MD, 2019.

Bowker, J.C., **Stotsky, M.T.**, Etkin, R.G., Bowker, M.H., Kamble, S., & Navaindran, H. *Ramifications of the caste system for young adolescent social withdrawal and associated outcomes in urban India*. In N.D. Eggum-Wilkens (Chair), *Novel investigations of social withdrawal variations and associations with socio-emotional adjustment during adolescence*. Society for Research in Child Development Biennial Meeting, Baltimore, MD, 2019.

Stotsky, M., Bowker, J.C., & Etkin, R. *Receiving prosocial behavior from peers: Examining its importance to positive peer group functioning*. In M. Dirks (Chair), *Acting prosocially and being treated prosocially by others: Links to social and emotional well-being during adolescence*. Society for Research on Adolescence Biennial Meeting, Minneapolis, MN, 2018.

Bowker J.C., Etkin, R., & **Stotsky M.** *How Fluid Best-Friendship Involvement Patterns after A School Grade Transition Impact Adjustment Outcomes*. In F. Poulin (Chair), *Factors associated with friendship formation, maintenance, and dissolution over time*. Society for Research in Child Development Biennial Meeting, Austin, TX, 2017.

Conference Poster Presentations

Stotsky, M.T., Fitzgerald, C., & Bowker, J.C. *Best friendship features as mediators of the associations between somatic symptoms and adjustment during early adolescence*. Society of Pediatric Psychology Annual Conference, Austin, TX, 2020. (Conference canceled)

White, H.I., Bowker, J.C., **Stotsky, M.T.**, Adams, R.E., & Simms, L.J. *Shyness, time spent alone, and internalizing problems in emerging adulthood*. Poster presented at the Society for Research in Psychopathology, Buffalo, NY, 2019.

Stotsky, M.T., & Bowker, J.C. *Shyness and psychological difficulties during adolescence: The impact of friend shyness and self-silencing*. Society for Research in Child Development Biennial Meeting, Baltimore, MD, 2019.

Cyran, L.K., **Stotsky, M.T.**, Bowker, J.C., Peets, K., & Hodges, E. *Associations between generalized peer and friendship-specific SIP mechanisms depend on (inter)personal power*. Society for Research in Child Development Biennial Meeting, Baltimore, MD, 2019.

Meyer, M., **Stotsky, M.T.**, & Cogswell, A. *Predictive value of parent-child discrepancies within ratings of adolescent psychopathology on parental stress*. The University at Buffalo Celebration of Academic Excellence, Buffalo, NY, 2019.

Stotsky M.T. & Bowker J.C. *An Examination of Reciprocal Associations between Social Preference, Popularity, and Friendship During Early Adolescence*. Peers Relations Preconference, Society for Research in Child Development Biennial Meeting, Austin, TX, 2017.

Stotsky M.T. & Park, A. *Understanding Substance Abuse in Young Adolescents: Initiation versus Continuation of Experimentation*. Eastern Psychological Association Annual Conference, New York, NY, 2013.

Kush, J., Kim, J., **Stotsky, M.T.**, & Park, A. *Prospective Effects of Substance Use on Education among Adolescents*. 19th Annual Psychology Department Undergraduate Poster Session, Syracuse University, 2012.

Stotsky M.T., Kim, J., Kush, J., & Park, A. *Understanding Substance Abuse in Young Adolescents: Initiation versus Continuation of Experimentation*. 19th Annual Psychology Department Undergraduate Poster Session, Syracuse University, 2012.

Stotsky M.T. & Gellis L. *Prevalence and Correlates of Insomnia in a College Student Population*. 18th Annual Psychology Department Undergraduate Poster Session, Syracuse University, 2011.

Invited Presentations

Stotsky, M.T. (2020, April). *Publishing my first scientific paper: Advice for future graduate students*. Keynote speaker at the Western New York Undergraduate Psychology Conference,

University at Buffalo, SUNY.

Invited Panel Discussant

Stotsky, M.T. (2020, September, Panelist). *Being engaged in research and publishing manuscripts*. Psi Chi National Psychology Honors Fraternity, University at Buffalo, SUNY.

Stotsky, M.T. (2020, March, Panelist). *Clinical training and work*. Psi Chi National Psychology Honors Fraternity, University at Buffalo, SUNY.

Stotsky, M.T. (2019, October, Panelist). *Graduate school applications: How to distinguish yourself during undergraduate studies and apply to PhD programs*. Psi Chi National Psychology Honors Fraternity, University at Buffalo, SUNY.

Research Experience

2015 – Present **Graduate Research Assistant**

Child and Adolescent Relationships Laboratory, University at Buffalo, SUNY, Buffalo, NY
Supervisor: Julie Bowker, Ph.D.

- Research aim: to investigate peer relationships as concomitants, predictors, and outcomes of child and adolescent development
- Responsibilities: collaborate with lab members on co-authoring peer-reviewed publications and conference presentations, assist in the organization and collection of data in school and laboratory settings, oversee and assist in data management tasks for the lab (e.g., data entry, data cleaning, etc.), interview, select, train, and supervise undergraduate research assistants, assist with IRB and grant submissions, update and manage lab website, attend and co-facilitate lab meetings

2013-2014 **Graduate Research Assistant**

Spirituality and Psychology Laboratory, Teachers College, Columbia University
Supervisor: Lisa Miller, Ph.D.

- Research aim: to evaluate an intervention that focused on social-emotional learning, character development, and spirituality in children in a school setting
- Responsibilities: collaborated with lab members on an intervention, conducted literature reviews

2012-2014 **Graduate Research Assistant**

Adolescent Risk and Resilience Laboratory, Teachers College, Columbia University
Supervisor: Suniya Luthar, Ph.D.

- Research aim: to evaluate development and psychological maladjustment in adolescents across a range of socioeconomic status backgrounds
- Responsibilities: collaborated with lab members on grant writing, prepared publications for review, managed data and research materials, conducted literature reviews, attended lab meetings

2011-2012 **Undergraduate Research Assistant**

Psychology Department, Syracuse University
Supervisor: Aesoon Park, Ph.D.

- Research aim: to understand pathways of and outcomes related to adolescent substance use initiation and habituation
- Responsibilities: conducted statistical analyses using SPSS, prepared research findings in poster formats, presented novel research at undergraduate and professional conferences, collaborated on investigations with other members of the lab, attended lab meetings

2011-2012 **Undergraduate Research Assistant**

Psychology Department, Syracuse University

Supervisor: Leslie Gellis, Ph.D.

- Research aim: to investigate sleep hygiene and health behaviors among young adults
- Responsibilities: conducted statistical analyses using SPSS, prepared research findings in poster and manuscript formats, presented novel research at undergraduate conference, attended weekly lab meetings

2010 **Research Assistant**

Nathan Kline Institute for Psychiatric Research, Orangeburg, NY

Supervisor: Kristin Trautman, L.C.S.W.

- Research aim: to design and implement an evidence-based prevention program targeting resilience and psychological well-being among adolescents
- Responsibilities: collaborated on the development of the Self-Assessment and Education to Promote Strengths (STEPS) program, conducted literature reviews, wrote outlines and articles for implementation on the STEPS program website

2009-2010 **Undergraduate Research Assistant**

Psychology Department, Syracuse University

Supervisor: Catherine Cornwell, Ph.D.

- Research aim: to examine the effect of maternal separation on social learning in mice
- Responsibilities: set up and collected data using the lab's animal samples, coded data from social and olfactory cues and learning tasks, attended weekly lab meetings

Teaching Experience

Developmental Psychology (PSY 336), University at Buffalo, SUNY

- Primary Course Instructor, Summer 2017, Spring 2020
- Teaching Assistant, Spring 2018

Abnormal Child Psychology (PSY 424), University at Buffalo, SUNY

- Primary Course Instructor, Spring 2019

Psychological Assessment (PSY 654; graduate course), University at Buffalo, SUNY

- Teaching Assistant, Spring 2018
- Supervised and provided feedback on practice psychological testing to junior graduate students (i.e., WAIS-IV, WRAT-4, Benton Visual Retention Test)

Advanced Statistics (PSY 607; graduate course), University at Buffalo, SUNY

- Teaching Assistant, Fall 2017

Introduction to Psychology (PSY 101), University at Buffalo, SUNY

- Teaching Assistant, Spring 2017

Psychology of Personality (PSY 321), University at Buffalo, SUNY

- Teaching Assistant, Fall 2016

Adolescent Development (PSY 458), University at Buffalo, SUNY

- Guest Lecturer, Summer 2016

Advanced Research Methods (PSY 450), University at Buffalo, SUNY

- Teaching Assistant, Fall 2015, Spring 2016

Child Development (PSYCH 210), Hunter College, CUNY

- Primary Course Instructor, Spring 2015

Experimental Psychology (PSYCH 250), Hunter College, CUNY

- Teaching Assistant, Summer 2014, Fall 2014

First Year Forum (CAS 101), Syracuse University

- Teaching Assistant, Fall 2011, Spring 2012

Professional and Academic Memberships

The American Psychological Association (APA)

The Society of Clinical Psychology (APA Division 12)

The Society of Pediatric Psychology (SPP; APA Division 54)

The Society for Research on Adolescence (SRA)

The Society of Research in Child Development (SRCD)

The Eastern Psychological Association

Psi Chi National Psychology Honors Fraternity, University at Buffalo, SUNY

Psi Chi National Psychology Honors Fraternity, Columbia University

The Honor Society of Phi Kappa Phi, Syracuse University

Psi Chi National Psychology Honors Fraternity, Syracuse University

National Society of Collegiate Scholars, Syracuse University

Service

2019 – 2020 Graduate Studies Committee Member, University at Buffalo, SUNY

Conference reviews (with Julie Bowker, Ph.D.):

2019 SRCD submission reviewer, Panel 22: Social Relationships

2018 SRA submission reviewer, Panel 15: Peer Relations

2017 SRCD submission reviewer, Panel 21: Social Relationships

2009 – 2012 Dean's Team, Syracuse University