

The Assertive Option Exercise

Role-play: Another student accuses you of cheating on an exam. You have been asked to meet with the professor and the other student, in the professor's office. You run into the other student an hour before the meeting.

You consider yourself a quiet person; you never stand up for yourself. You know you didn't cheat on the exam and you feel hurt by the accusation. You know this other student has cheated before and you have never said anything about it....

Role-play: Another student accuses you of cheating on an exam. You have been asked to meet with the professor and the other student, in the professor's office. You run into the other student an hour before the meeting.

You consider yourself an assertive person. You are confident you did not cheat on the exam and this must be some type miscommunication. You feel it's important to express your opinion in a direct and honest manner.

Role-play: Another student accuses you of cheating on an exam. You have been asked to meet with the professor and the other student, in the professor's office. You run into the other student an hour before the meeting.

You are PISSED! You feel violated; you feel this other student is out to humiliate you. You've talked with your friends about this and they suggested you avenge yourself!

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