

# "Processing" Questions for Each Level of "SAGA"

**Kathy Obear**

Amherst, Massachusetts

---

## 1. Sharing

- a. What were your reactions to this activity?
- b. How are you feeling right now?
- c. What are your thoughts about all of this?
- d. What overall thoughts or comments do you have?
- e. Take a moment and write down your reactions and feelings about this activity.

## 2. Analyzing

- a. What happened during this activity?
- b. What were your responses to my instructions?
- c. How did the time factor affect you?
- d. Why did \_\_\_\_\_ happen?
- e. How did you feel when \_\_\_\_\_ happened?
- f. What did you do when \_\_\_\_\_ happened?
- g. What decision-making strategies did you try and what happened?
- h. Who were the leaders and how did they get that role?
- i. What kinds of conflict existed and why?
- j. How did each of you feel when
- k. How many felt \_\_\_\_\_ ? Why? What did you do?
- l. What happened when ... ?
- m. Why did ... ?

n. When so-and-so did \_\_\_\_\_ , how did you feel? what did you do?

### 3. Generalizing

a. What principles came out of this activity?

b. So, what does all this mean about effective \_\_\_\_\_ ?

c. So, who can make sense out of all of this?

d. What can we conclude about effective \_\_\_\_\_ ?

e. So what are the elements of effective \_\_\_\_\_ ?

### 4. Applying

a . What does all of this mean for you back at work?

b. What are the things that you want to do differently?

c . What are 3 things that you will "take home" from this experience?

d. Take a few minutes and write down 5 things you want to remember back at the office.

e. How could we - differently?

f. What do you want to talk with your supervisor about ?

g . If a similar situation occurs in the future, how do you want to handle it?

h. What do you plan to do as "homework to prepare yourself to better handle these situations?

Materials adapted from a presentation by members of The Ohio State University Counseling Center, Columbus, Ohio, 1979.

---

Kathy Obear is a diversity trainer and consultant based in Amherst, Massachusetts (413) 283-2503.

---

Copyright © 1991 Kathy Obear. Permission is granted to copy and use this material for educational and non-profit purposes only. This copyright statement and acknowledgement of authorship should remain intact on materials you copy from this website.