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**CCAPS: The Second 25 years** 

CCAPS Newsletter March 2011

Member Profile



# HISTORY OF THE COMMISSION FOR COUNSELING & PSYCHOLOGICAL SERVICES (CCAPS): THE SECOND 25 YEARS

By Sherry Lynch Conrad (2011)

The Commission for Counseling and Psychological Services is celebrating its 50th anniversary! The 25th anniversary of the Commission was celebrated at the ACPA Convention in New Orleans in 1986. At that time, a document was written by Lynn Roney which summarized the significant events that occurred during our first 25 years. To continue the written legacy of CCAPS, this document begins in 1986 and continues through 2010. Included is a brief narrative account of various milestones the Commission has achieved. Links are included for the Commission Chairs and Directorate Body Members who have been elected, CCAPS award recipients, awards received by CCAPS, CCAPS Newsletter Editors and the ACPA Convention sites. Special thanks go to the 50th Anniversary Committee who assisted with collecting information. These individuals were Jane Bost (Chair 2010 – 2012), Chanda Corbett (Past Chair 2008 – 2010), Jonathan Kandell (Past Chair 2006 – 2008), Stacey Pearson (Past Chair 2004 – 2006), Sue Stock (Past Chair 2002 – 2004),Toti Perez (Past Chair 2000 - 2002), Heidi Levine (Past Chair 1998 – 2000), Steve Brown (Past Chair 1992 - 94) Vivian Boyd, David Gilles Thomas and Jocelyn Buhain. Older documents that were not available electronically were provided by Ann Bowers, librarian for the ACPA Archives at Bowling Green State University.

Many things have remained the same from the first 25 years of the Commission's history but other things have changed. Among those things that have remained the same are the importance of committees, liaison relationships, and sponsorship of programs at the annual convention.

Committees are the life blood of CCAPS and have been an important part of the organization since 1977. In 1986 – 87, there were seven committees: program, newsletter, professional development, professional issues, membership and research. During the past 25 years, these committees and others have provided the foundation for much of the work that has been accomplished by CCAPS over the years. While some committees have been created for specific issues and have been in existence for only a few years, others have been ongoing.

Liaison relationships both within ACPA and liaisons with other professional organizations have been very important over the years as well. From 1986 to 1989 the liaisons within APCA were more formalized and CCAPS had liaisons for membership, newsletter, professional development and all of ACPA's Standing Committees. During this time and since, liaisons with the International Association of Counseling Services (IACS), the American University and College Counseling Center Directors (AUCCCD), the Association of Counseling Center Training Agencies (ACCTA) and the American Psychological Association Division 17 (Society of Counseling Psychology) have been maintained. Over the years, additional liaison relationships have been established with counseling and counseling related organizations.

Another essential component of CCAPS over the years has been the sponsorship of programs at the annual convention. Nurturing the growth and development of counseling center professionals attending the convention each year has been a very important mission of the organization.

These very important aspects of the organization have provided the foundation for CCAPS yet they have also changed and evolved over the years, just as CCAPS has changed and evolved. During this evolution process, CCAPS has been involved in other projects which have also contributed to its growth and development.

The discussion to change the name of the Commission to a more representative name was begun in 1985 and completed in 1987. The new name decided upon for the Commission was Counseling and

Psychological Services (CCAPS). The information that follows provides a timeline for additional events and activities of the past 25 years which have shaped CCAPS into the organization that it is today.

#### 1986 - 1987

- CCAPS had 867 members
- June 1986 Co-sponsor of the Campus Ecology Symposium
- <u>Graduate Student Research Award</u>, which was established in 1984, was first awarded at the 1986 ACPA Convention. The award was created to recognize and encourage high quality research by graduate students in counseling and human development. The winner was to be given an invitation to present the research paper at the annual Convention and also receive a cash stipend.

#### 1987 - 1988

- Involvement of commission members in the DSM III-R revision process
- Liaison relationship established with the American Counselor Education and Supervision (ACES) division within the American Association for Counseling and Development (AACD)

#### 1988 - 1989

- Internal liaison to the ACPA Violence Prevention Task Force was appointed
- Programs sponsored at the 1988 ACPA Convention covered the topics of challenging clinical
  issues, working with learning disabled students and adult children of alcoholics, treating incest
  survivors, and diagnosing anxiety disorders. Co-sponsored programs were on the topics of crosscultural dating and ethnic minority perspectives on finding campus career services.
- The Lifetime Achievement Award was presented to Thomas M. Magoon
- Members in attendance at the 1988 Convention, it was voted to include one slot in each year's election for a counseling center professional from a small college.
- Setting Limits and Drug and Alcohol Counseling were the themes for two issues of the CCAPS newsletter during this year.
- The Dear Dr. Ethics column in the CCAPS newsletter was a popular addition.

#### 1989 - 1990

- Projects and issues of concern this year included mentoring, violence, affirmative action, directorate manual, graduate student involvement.
- Study groups were established to explore the topics of client severity, counselor burnout, drug and alcohol counseling, distressed professionals, diversity training, small college counseling centers.
- A monograph proposal on the topic of client severity was developed for submission to the ACPA Media Board.
- Four of five sponsored programs at this year's ACPA Convention focused on aspects of the ethical dilemmas faced by counseling center professionals. The titles of our co-sponsored programs were: Living in the United States: An Ethical Dilemma for Women, How a Counseling Center Influences Campus Culture: Through Wellness Programming, and Autonomy Training: Fostering Individual Responsibility within the Campus Culture.
- The Graduate Student Research Award was renamed the <u>Joan Dallum Graduate Student Research Award</u>. Joan Dallum was a very active member of the CCAPS Directorate who was diagnosed with cancer. During her struggle with cancer, she had remained very involved with CCAPS. This decision was made following her death in 1990 to recognize her dedication and contributions to our organization.

#### 1990 - 1991

· A spirituality in counseling committee was begun

- Topics for the sponsored programs at this year's Convention were more varied this year and
  included time limited counseling, developmental issues of new counseling center staff members,
  helping impaired professionals, and working with at-risk students resulting from more serious
  psychological problems. Convention programs were also co-sponsored with the Standing
  Committee on Lesbian, Gay and Bisexual Awareness, Campus Judicial Affairs and Legal Issues
  and Career Counseling and Placement.
- Up to this point, membership records for the Commissions have been maintained by the American Association for Counseling and Development and membership was ongoing until someone asked to be removed from membership. Beginning January 1, 1990, a policy was implemented that required Commission memberships to be renewed annually, making maintaining the same level of membership from year-to-year more challenging.

- During this year, considerable energy within the Commission and ACPA was devoted to the process of disaffiliation that was occurring between the American Association for Counseling and Development (AADC), now the American Counseling Association (ACA) and ACPA.
- Following disaffiliation, a new division, the American College Counseling Association, which
  targeted college counseling professionals, was created within the American Counseling
  Association. Additionally, a new Section on College and University Counseling Centers group
  within Division 17 was established. Both of these groups were recruiting new members while the
  Commission for Counseling and Psychological Services budget had been cut in the disaffiliation
  process, creating new challenges for maintaining our membership.
- Six programs were sponsored on varied topics including ethnic diversity, the role of touch in
  counseling, spirituality in counseling, the use of group therapy with childhood sexual trauma
  survivors and The Continuous Thread: Jewish Identity-Professional Identity. Three programs were
  also co-sponsored with the Commission for Commuter Students and Adult Learners, the Standing
  Committee for Women and the Commission for Alcohol and Other Drug Issues.

# 1992 - 1993

- A major development during the 1992-93 year was the availability of continuing education credits
  for attendance at ACPA Convention programs. This was achieved through two separate
  processes. ACPA became an approved provider of continuing education through the National
  Board for Certified Counselors and has maintained this approval each year to the present. For the
  first time, pre-approved programs were also eligible for CE's for psychologists through the
  American Psychological Association.
- Interest groups for the year were on the topics of client severity, distressed professionals, drug and alcohol use, graduate student involvement, membership, mentoring, multicultural diversity, professional issues, research and small colleges.
- CCAPS had liaisons to the ACPA Campus Violence Task Force and the ACPA Governance Task Force
- The need for ACPA to offer liability insurance for psychologists and counselors was a critical issue impacting membership retention and recruitment in the early years following disaffiliation and there was considerable discussion between the CCAPS directorate and ACPA leadership regarding this issue.

#### 1993 - 1994

• The decision to continuously sponsor the Innovations program was made at the 1994 Convention. Up to this point, the Innovations in College Counseling program has been selected by the program reviewers each year since 1967 from among all programs submitted for consideration for Commission sponsorship. Each year, this program had been among the most popular and well-attended programs at the Convention so the Directorate made the decision to make it one of the programs that would automatically be Commission sponsored each year. More information about the history of this program, the trends identified, the issues of importance and struggles of college and university counseling center directors is included in a separate document developed for the Commission's 50th anniversary.

- Following disaffiliation from AACD/ACA, ACPA was exploring different governance models that
  would involve a significant number of members as well as diverse groups. Increasing the
  organization's membership was important to ACPA following disaffiliation so they sponsored a
  membership drive in which a \$10 per person incentive would be given to the group who had
  recruited the new member, if the Commission was noted on the membership form. The
  Commission membership at the 1994 ACPA Convention was 1025.
- ACPA began offering liability insurance for counselors and psychologists.
- Through collaboration with AUCCCD, continuing education credits were available for psychologists for the second year and the discussion about the Commission becoming an APA continuing education sponsor was begun.
- A continuing education committee was established in 1994 to begin the process of ACPA/CCAPS becoming an APA sponsor for continuing education for psychologists.

- As a result of the new ACPA governance structure, CCAPS was made a permanent member of the Professional Development Council.
- CCAPS membership reached 1,136 members.
- For the first time, a 3 hour workshop entitled Managed Care was offered during the CCAPS open meeting at the 1995 Convention.
- Special interest group topics for this year were multicultural and diversity issues, small colleges, client severity and health reform.

#### 1995 - 1996

- CCAPS was granted Two Year Preliminary Approval with Inquiry from the American Psychological Association for offering continuing education credits for psychologists at Commission events, including the ACPA Convention.
- The tradition of offering a workshop as a part of the open Commission meeting time was continued at the 1996 Convention with the title of this year's workshop being Emergent Trends in Counseling Centers.
- An application for an Affirmative Action mini grant was funded by ACPA.

#### 1996 - 1997

 A new endeavor of the Commission during the 1996-97 year was offering a session entitled Job Search Strategies for Counseling Center Psychologists and Counselors twice during the Convention for persons seeking

positions in college and university counseling centers.

- A highlight of the year included receiving full approval from the American Psychological Association for offering continuing education credits for psychologists at national and regional conferences.
- Programming at the 1997 Convention included the three hour open meeting session entitled Meeting the Mission, Meeting the Need: Thoughts of Chief Student Affairs Officers and Counseling Center Directors, five sponsored programs, and four pre-convention programs.
- COMMISSION VII NEWSLETTER

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- A special interest group was begun at the 1997 Convention entitled Counseling Centers and the
  Internet with three separate technology groups evolving from this group. One group, chaired by
  David Gilles-Thomas, began work on the <u>Counseling Center Village</u>." A second group, chaired by
  Wendy Settle, began work on a clearinghouse for psychoeducational self-help information
  developed by counseling center practitioners for college students. The focus of the third group was
  the development of the CCAPS web page which was coordinated by Jonathan Kandell.

- 30 programs were eligible for CE's for psychologists at the 1998 ACPA Convention. In addition to the afternoon CCAPS CE program presented by Doug Lamb entitled Integrative Brief Psychotherapy: Effective Interventions Using the Therapeutic Relationship and the Focal Issue(s), two other CE programs were offered as pre-convention programs.
- CCAPS began the transition from printed newsletters to electronic newsletters in 1998.
- The <u>Counseling Center Village</u> group continued its work and had created 10 sections within the Village materials.
- During the past year, the <u>CCAPS homepage</u> was connected to the <u>ACPA home page</u>. Information
  that was added to the CCAPS homepage included a description of CCAPS, the most recent
  newsletter, interest group information, upcoming programs of interest to members, membership
  benefits, how to join CCAPS and a list of the Directorate Body members.
- CCAPS also developed and promoted a listsery to enhance communication among Commission VII
  members. Increasing membership continues to be an ACPA and CCAPS goal. Mailings to 120
  members of ACCTA and 450 members of AUCCCD were funded by an ACPA affirmative action
  grant.
- An ACPA mini grant was also received to fund an information booth promoting CCAPS and ACPA at the Association on Higher Education and Disability (AHEAD) conference in Boston, July 1997.

#### 1998 - 1999

- Commission programming for the March 1999 ACPA Convention continued to be impressive. Two
  pre-convention programs were offered for APA CE's entitled The Stressed Student: How Can We
  Help and Supporting African American Men's Leadership Development, Self-Esteem Building and
  More. During the Commission's open meeting, a 3-hour program, led by Wayne Griffin, was
  offered entitled Critical Incident Stress De-briefing. During the Convention, there were five
  sponsored programs on the topics of innovations in counseling, supervision, empirically supported
  treatments, college success and counseling center responses to campus crisis. There were 22
  additional programs offered for continuing education for psychologists.
- Several things happened behind the scenes this year that were very important to the well-being of
  the CCAPS. The ACPA Professional Development Core Council agreed to cover costs for being an
  APA approved provider for a few years. CCAPS continued to identify as many CE eligible
  programs as possible to help CCAPS remain a viable professional home for psychologists. The
  Counseling Center Village was mentioned in an issue of the APA Monitor, with this publicity
  increasing the average hits to 3,000 per month.
- CCAPS was represented on three of ACPA's Core Councils. The Commission will also be represented on a newly formed campus violence task force which began to address issues related to violence and bias related incidents on college campuses.

- CCAPS developed a research grant for counseling center professionals and/or counseling faculty
  using the money saved by the transition to an e-newsletter. The grant was to be provided to one
  individual or team per year, with the goal of promoting new research in areas related to counseling
  and mental health issues on college and university campuses. The first \$750 grant was awarded to
  Cherrise Flanagan from McMurry University for her study, Internet Use and Personality
  Characteristics of Individuals Seeking Out Online Relationships. Dr. Flanagan conducted her
  research study during the 2000-01 academic year and explored characteristics of individuals
  seeking online relationships.
- Programming at the 2000 Convention included three pre-convention programs entitled Asian Pacific
  Americans: The Invisible Student Population, The Stressed Student: How Can We Help and
  Deconstructing Whiteness as a Part of a Framework of Multicultural Education. The topic for the
  open meeting workshop was Counseling and Web Babies: Information, Integration and Isolation
  and was presented by Richard Keeling. There were also five sponsored, three co-sponsored, and a
  total of 30 programs that were available for CE's for psychologists.
- The ACPA Campus Violence Project, which had a CCAPS representative, resulted in an extended

- length program at the 2000 Convention which was co-sponsored with the Commissions for Residence Life and Judicial Affairs as well as the Standing Committees for Women and Lesbian, Gay, Bisexual and Transgendered Awareness.
- During this year, the transition to the <u>CCAPS newsletter</u> being exclusively electronic was completed, freeing up monies previously used for the newsletter for other CCAPS projects.

- CCAPS transitioned to online voting for directorate members. The result was that more people voted online than had been voting in the previous few years with the traditional mail-out and return ballots.
- CCAPS continued to have a presence within ACPA with two previous Commission Chairs serving in the position of the Editor of Developments and ACPA Secretary.
- Programming at the 2001 Convention included two pre-convention workshops entitled Assessing
  Multicultural Competence: A Courageous Suggestion for a Complex Issue, and Creating a
  Supportive Environment for Student Athletes. The open meeting workshop was entitled Shame and
  Humiliation: From Isolation to Relational Transformation and was presented by Linda Hartling,
  Ph.D. of the Stone Center Institute at Wellesley College. There were also seven sponsored
  programs, seven co-sponsored programs and a total of 26 programs were eligible for continuing
  education credits for psychologists.

#### 2001 - 2002

- A total of 19 programs were available for psychologist's continuing education credits at this year's
  convention. These included six sponsored programs, two pre-convention programs entitled
  Integrating & Expanding Your Counseling & Psychotherapy Skills, and Life Medicine: Wisdom for
  Extraordinary Living and the open meeting workshop entitled Developing and Implementing Crisis
  Response Teams on Campus which was presented by Wayne Griffin from the University of Florida.
- During the year, CCAPS issued a statement regarding concerns for on-line counseling and therapy through the mycybershrink.com website. The statement issued was unanimously endorsed by the other Commission Chairs and published in Developments.

# 2002 - 2003

- At the 2003 ACPA Convention a "Diversifying Our Membership" committee was created to ensure that CCAPS is the professional organization for all individuals interested in college counseling issues. Additionally, a motion was passed that required CCAPS to have directorate members from diverse professional backgrounds and types of higher education settings.
- The CCAPS website was expanded during the past year to include summaries of Convention
  programs and roundtables, as well as contact information for those who would like to join in
  ongoing conversations and projects about the topics addressed at the Convention.
- There were 32 programs offered for psychologist's CE's during the 2003 ACPA Convention. Of
  these, three were pre-convention programs; five were CCAPS sponsored programs on topics
  ranging from career development, traditional and non-traditional roles for counseling centers, raceethnicity and waitlist attrition at counseling centers, grief resulting from campus crisis, and timelimited group psychotherapy. The open meeting workshop was entitled NOT as a Stranger: Ethics
  and Boundaries in Counseling and Supervision.

- Another step to increase the diversity of CCAPS was taken by modifying the CCAPS election
  procedure to state the following: "the membership of the Directorate will represent the diverse
  professional constituency of ACPA and CCAPS with special focus on inclusion of underrepresented
  populations including counseling professions, smaller colleges and community colleges."
- CE eligible preconvention programs focused on transgendered people and emotional intelligence.

  The topic of the open meeting workshop was Diversity in Eating Disorders and was presented by the staff of the Renfrew Center. Sponsored programs topics included understanding Buddhism as it

relates to counseling, assessment and treatment of eating disorders, mindfulness meditation, and mental health emergency management with a total of 41 hours of continuing education workshops being offered for psychologists during the Convention.

- A Therapist Self-care workshop was presented by Chanda Corbett during the CCAPS Open Meeting.
- CCAPS continued to provide advocacy for making ACPA's liability insurance more inexpensive and appropriate for mental health providers and for the continuing ability to provide continuing education credits at no additional cost to Convention participants.
- The Early Career, Mid-Career, and Lifetime Achievement Awards were established and first awarded at the 2004 ACPA Convention. The Early Career Achievement Award is to "honor and reward" the "exemplary achievements" of persons with "10 years or less experience providing mental health services (including teaching and training) to the college population." The Mid-Career Achievement Award is for persons with 10 20 years experience and the Lifetime Achievement Award is for person with more than 20 years experience in the field of college and university counseling and psychological services.

#### 2004 - 2005

- For the first time, ACPA offered a theme-track across three programs which were designed to provide an in-depth experience for participants on the topic of suicide assessment, treatment and prevention.
- A new initiative this year was a networking lunch sponsored by the Membership Committee held prior to the pre-convention open meeting workshop. Approximately 40 persons attended this event.
- CCAPS Chair Stacey Pearson formulated and multi-organizational task force and surveyed the college mental health professionals to assess ways to enhance marketing CCAPS.

#### 2005 - 2006

- This year's CCAPS Chair, Stacey Pearson, represented CCAPS at the 2nd annual conference of the Historically Black College and Universities Counseling Centers and also served on the ACPA Ethics Committee and ACPA's Governance Structure Taskforce.
- The open meeting workshop at the 2006 Convention was entitled Multicultural Counseling Competencies in Counseling Center Work and was presented by Dr. Yolanda Harper from the University of Memphis.
- The CE program was expanded this year to include social workers, making it possible for all
  counselors, psychologists and social workers to receive continuing education credits for
  participation in selected workshops at the Convention.
- Two inaugural awards were presented at the 2006 Convention. The <u>Thomas M. Magoon Innovation Award</u> recognized innovative programming or service achievements by a university or college counseling agency. This award was presented in the spirit of the long-standing CCAPS/ACPA conference presentation entitled Innovation in Counseling, and in particular in honor of the originator and coordinator of that presentation, Dr. Thomas M. Magoon. CCAPS encouraged nominations that reflected the inclusion and integration of multicultural competence and values.
- The second inaugural award, the <u>Agency Award for Excellence</u>, was created to recognize the outstanding and distinguished work of a university or college counseling agency during the past year. Award criteria included providing excellent comprehensive services to students and the campus community in at least three of the following areas: individual counseling/psychotherapy, group counseling/psychotherapy, crisis intervention and services, outreach, consultation, campus advocacy, multicultural services, training, research, technology, professional development and accreditation. Agencies were encouraged to respond to unusual and unique needs of their campus community and to reflect the inclusion and integration of multicultural competence and values in all services provided.

Programming was especially strong during this year's convention with 12.5 hours of CE credits available during the pre-convention and 36 hours of CE credit available during the Convention. The pre-convention open meeting workshop was entitled Dream Interpretation: Successful Counseling Techniques and was presented by Mark Freeman from the University of Central Florida.

- CCAPS members were encouraged to participate in the "Each One Bring One" campaign in which CCAPS members brought new professionals to the ACPA Convention and the CCAPS activities during the Convention. The CCAPS member bringing the most prospective members won a prize.
- The Membership Committee also implemented a "New to CCAPS" initiative that distributed ribbons and a welcome packet to all first time CCAPS attendees at CCAPS events.
- The CCAPS Membership Committee engaged members in becoming involved with the "Ask Me about CCAPS" initiative in which members distribute ACPA and CCAPS brochures and wear buttons at other conferences attended during the year, providing greater visibility for CCAPS.
- Activities outside the ACPA Convention this year included and ACPA webinar presented by Jonathan Kandell, CCAPS Chair from the University of Maryland entitled The Impact of Advancing Technology on Campus Culture. There were 63 attendees for this program.
- CCAPS, along with ACPA, co-sponsored the social at the conference planned by the Center for the Study of College Student Mental Health at Pennsylvania State University.
- Psychologists attending the ACCCCS conference were able to receive continuing education credits through this organization's collaboration with CCAPS.

#### 2007 - 2008

- Programming at this year's Convention included 15 hours of pre-convention programming including
  the open meeting workshop on Multicultural Competence in the Provision of Clinical Supervision
  presented by Susan Stock and Dwaine Campbell. Sponsored and co-sponsored programs were
  offered on the topics of career progression, suicide prevention and wellness, innovations, staff
  retention and professional development opportunities, stress reduction skills online, yoga and
  mindfulness interventions for health and well-being.
- Collaboration with program planners for the ACCCCS and SCCCP conferences resulted in attendees at those conferences being able to obtain continuing education credits for psychologists and counselors.
- CCAPS, ACPA, and APA Division 17 Section on College and University Counseling Centers were co-sponsors for the International Counseling Psychology Conference in Chicago and were represented by Jonathan Kandell, CCAPS Chair and Chanda Corbett, CCAPS Chair-Elect.
- Chanda Corbett, CCAPS Chair-Elect represented CCAPS in the development and chartering of the Higher Education Mental Health Alliance.

# 2008 - 2009

- CCAPS was represented by CCAPS Chair and ACPA/CCAPS representative, Chanda Corbett, at the first Higher Education Mental Health Alliance (HEMHA) meeting hosted by the American College Health Association (ACHA) in San Francisco, CA.
- The flagship CCAPS Innovations in College Counseling program, in collaboration with the University of Maryland, was voted to be an annually sponsored program of CCAPS.
- Counseling on the Grid: Student Online Habits and Therapeutic Interventions, led by Linda Young, was the title for the open meeting workshop offered at the 2009 Convention. Convention-wide, there were 35 CE eligible workshops for psychologists and social workers.

- Chanda Corbett, CCAPS Chair, and Thomas Berry, Directorate Member, represented CCAPS in planning and co-sponsoring CCAPS' first drive-in workshop on The Intersection of Student Mental Health and Academic Affairs with the Commission for Administrative Leadership.
- Convention programming at this year's Convention included 34 hours of CE eligible workshops for psychologists and social workers with the open meeting workshop entitled Counseling Our Student

Veterans which was presented by Terry Keane, professor and vice-chair of the Department of Psychiatry at Boston University School of Medicine, being a highlight of these programs.

- Nancy Badger and Carolyn Bershad represented CCAPS at the 2nd Annual Higher Education Mental Health Alliance (HEMHA) meeting hosted by NASPA.
- A CCAPS representative served on the ACPA Professional Development Committee
- · Several members of CCAPS were Counseling Reviewers for the CAS Counseling Standards
- Psychologists attending the ACCCCS conference were again able to receive continuing education credits through this organization's collaboration with CCAPS.
- Liaisons with ACCA, ACHA, ACHA Working Group for Health Campus 2020, ACPA Educational Leadership Foundation, ACCTA, APA Division 17 Section, AUCCCD, Center for the Study of College Student Mental Health (CSCSMH), Higher Education Mental Health Alliance (HEMHA), IACS, and NASPA

#### 2010 - 2011

- Jeffrey Barnett, Psy.D., ABPP, presented a 3 hour ethics program on "Ethical and Legal Issues Related to Online Mental Health Services" at the 2011 convention.
- At the March 2011 convention, CCAPS celebrated its 50th Anniversary with a number of events and programs including: 1) A three-part convention Institute that explored the Commission's roots, challenges and accomplishments, and examined future goals and vision for the future of the Commission 2) A video depicting the history, highlights and accomplishments of CCAPS' 50 years 3) A full 50-year history of CCAPS, permanently housed on the CCAPS website and 4) Over \$3500 in corporate donations were solicited by Chair Jane Bost to implement a special CCAPS 50th anniversary social.
- A Directorate survey was developed and implemented by Seth Christianson and Dustin Shepler,
  Directorate members, in collaboration with Jane Bost, Chair, to find better ways to recruit and
  incorporate Directorate members. Specific outcomes included the institution of a pre-convention
  orientation and mentoring program for new Directorate members.
- CCAPS website improvements included the addition of committee handbooks, committee & liaison lists, and revision of the CCAPS brochure
- A Spring 2011 "Hot Topics" phone conference was implemented on the topic of "Adjustment Issues for International Students." It was co-sponsored by CCAPS and the Commission for Global Awareness.
- Hosted the Higher Education Mental Health Alliance (HEMHA) Conference at the 2011 ACPA convention.

The 2011 ACPA Convention in Baltimore concludes 50 years of CCAPS promoting the college counseling profession and providing opportunities for college counseling professionals to remain on the cutting edge of the evolution of our field. There have been many shining moments as well as some challenges along this journey but we are excited about the future as our profession, CCAPS and ACPA each continues to grow and evolve.

To Be Continued . . .

# Suggested reference:

Lynch Conrad, S. K. (2011). History of the Commission for Counseling & Psychological Services (CCAPS): The Second 25 Years. Retrieved [date], from http://www2.myacpa.org/ccaps-home